

# CONNECTING WORKER HEALTH 2025

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AAOHN NATIONAL CONFERENCE  
MARCH 31 - APRIL 2, 2025 | PITTSBURGH, PA



## IDENTIFY THE BENEFITS

To make the case to attend the 2025 AAOHN National Conference, you'll have to demonstrate the elements of the program that will meet your company or organizations' specific needs. Fill out the right column with session titles and descriptions or other conference offerings like the exhibit hall and networking opportunities that meet your need. Sessions and descriptions can be found on the next pages.

YOUR COMPANY'S NEED	CONFERENCE OFFERING THAT MEETS NEED
Knowledge of recent developments in technology	
Integration of evidence-based practice and nursing research into clinical practice	
Improved patient care	
Identification and implementation of best practices from around the country	
Awareness of new products and services in OHN	
Demonstrating return on investment of workplace well-being initiatives	
Other:	

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## AAOHN 2025 NATIONAL CONFERENCE EDUCATION PROGRAM

### Continuing Education Earning Potential

Earn up to **15 Continuing Nursing Education (CNE) Credits** by attending the full conference, including all general sessions and your choice of one concurrent session per concurrent block. You may earn an **additional 16 CNE credits** by participating in a Pre-Conference Workshop.

### SATURDAY MARCH 29

7:00 am - 5:00 pm

#### COHN/COHN-S Review Course

**Laurie Heagy MPH, RN, COHN-S; Mindy Guillory RN, BSN, COHN-S/CM, COHC/CD, CEAP, SAP, MRO-a**

Over the course of two days, prospective OHNs studying for the COHN and COHN-S examinations will review occupational health core curriculum, case studies, and perform PPE demonstrations. The review course is updated to match the September 2024 ABOHN exam blueprint, and attendees can be confident that they will receive recent exam information. Attendees will meet other students in their cohort, learn study tactics, and get answers to their questions regarding the exam's content, testing, and certification.

8:00 am - 4:00 pm

#### Conference of Leaders

**Sandra J. Cinque BA, RN, COHN-S/CM, FAAOHN; Dawn Stone PhD, RN, ANP-BC, COHN-S, FAAOHN**

Invest in your future as a leader, and the nursing profession. This workshop will build your confidence and strengthen your knowledge base, seek mentor opportunities, and develop a new skill set alongside fellow OHN professionals in the two-day workshop. Nurses interested in advancing their professional or personal opportunities will take away the resources and practical strategies for career development.

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## SUNDAY, MARCH 30

7:00 am - 5:00 pm

### COHN/COHN-S Review Course

**Laurie Heagy MPH, RN, COHN-S; Mindy Guillory RN, BSN, COHN-S/CM, COHC/CD, CEAP, SAP, MRO-a**

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8:00 am - 4:00 pm

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8:00 am - 4:00 pm

### Advanced Practice Occupational Health Nursing Pre-Con

A one-day workshop for the occupational health advanced practice registered nurse, nurse practitioner or doctor of nursing practice for advanced clinical care in the workplace setting. Pharmacology credits will be offered in three sessions. Diagnostic and other practice essentials will be discussed. You must attend the entire workshop to earn CNE.

### 200(a) | Responding to Workplace Violence for the Occupational Health APRN

**Jessica Volz DNP, CRNP, FNE A/P, FNP-BC, NE-BC, AFN-C, SANE-A, SANE-P, DM-AFN, and Stacey Mitchell, DNP, MBA, MEd, RN, AFN-C, SANE-A, SANE-P, IVSE-C, DF-AFN, FAAN**

Workplace violence is a pervasive problem globally. OHNs respond to workplace violence in organizations that struggle to effectively mitigate occurrences of these events. Nurses who are injured due to workplace violence suffer from anxiety, PTSD, burnout, fear, and long-term physical consequences. The OHN role is underutilized by organizational response to

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violence and has an opportunity to positively influence mental and physical health outcomes for workers who experience workplace violence. This training will provide information on the occurrences of workplace violence and provide learning as to the positive impact an APRN in occupational health brings to the prevention and response strategies.

## **200(b) | Unipolar or Bipolar Depression? Assessment and Psychopharmacology for Advanced Practice Registered Nurses**

***Julianne Armijo FNP-C, MSN, RN, Ph.D. pre-candidate***

Bipolar disorder is a challenging and complex condition to treat, especially for practitioners who may not have accessible psychiatric consultation services. In this session, the presenter will compare and contrast basic unipolar and bipolar depression psychopathology and psychopharmacology. During the activity, the presenter will review outpatient prescribing considerations, treatment plan formulation, and new diagnostic developments related to biomarkers and machine learning to differentiate the two conditions. This activity is geared toward non-psychiatric specialty APRNs (e.g., FNP).

## **200(c) | Management of Chronic Respiratory Illness and the Occupational Health Provider**

***Evin Parker MSN, APRN, FNP, NP-C***

Employee absences due to chronic respiratory illness and flares is a reality. Quick treatment protocols may reduce or eliminate workplace absences. Having APRNs at the worksite able to treat and prescribe helps employees with their care, disease management and avoids costly and unnecessary emergency room visits.

## **200(d) | Extremity X-Ray Interpretation**

***Denise Ramponi, DNP, FNP-C. ENP-BC, FAANP, FAEN***

Nurse Practitioners in Occupational Health often deal with orthopedic injuries requiring diagnostic imaging. This session will review the most common orthopedic injuries, the diagnostic imaging required for assessment, and guidance for interpretation of x-ray reading.

## **200(e) | Beyond the Basics: Modernizing Occupational Examinations for the Aging and Gender Inclusivity**

***Kim Olszewski DNP, CRNP, COHN-S/CM, FAAOHN, FAANP, FAAN, and Erin Bucher, DNP, A-GNP-C, COHN-S***

OHNs are at the forefront of worker health and safety. As the workforce ages and changes, OHN preparation to anticipate the needs of the worker population and consider

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modification to work-related physical exams is a needed update. The APRN in occupational health has varied knowledge regarding pharmacologic factors impacting the aging and transgender workers. Join this training for a look at modified work-related physical exams specific to the aging population and gender inclusivity for more comprehensive assessments.

**200(f) TBD**

**4:00 pm - 6:00 pm**

**Exhibit Hall Welcome Reception**

**6:00 pm - 7:00 pm**

**President's Reception (Invite Only)**

## MONDAY, MARCH 31

**8:00 am - 9:30 am**

**Coffee Break in the Exhibit Hall**

**9:00 am - 10:30 am**

**Practice Exchanges**

In this session, nurses will have an opportunity to network with other OHNs in a roundtable discussion, led by an AAOHN member. Nurses should select a room based on their specialty or experience for a robust discussion on the challenges and benefits of their work environment. This is a great opportunity to connect with peers and find community. Occupational Health Nursing peer exchanges will be offered for the following categories.

**300 New to Occupational Health Nursing**

**301 Advanced Practice OHN/ Clinical**

**302 Case Management for the OHN**

**303 Corporate OHN/ OHN Consultants**

**304 Academic Institution/ Educator & Researcher**

**305 Government & Military**

**306 Hospital/Healthcare**

**307 Staff OHN/ Clinical**

**308 Safety & Environmental**

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10:45 am - 11:15 am

**President's Welcome + Awards Ceremony**

11:15 am - 12:15 pm

**Opening Keynote: D.E.C.I.D.E. With Purpose: Driving Progress in Nursing and Life**

**Felicia Mycyk**

In this keynote, Felicia Mycyk introduces her D.E.C.I.D.E. Self-Leadership™ framework, empowering nurses to make purposeful decisions that impact their lives and the nursing profession. The framework guides nurses to DISCOVER their current state and mindset, EMBRACE transferable skills, and CONDITION themselves to overcome barriers and achieve goals. Felicia highlights tools for discipline, building DETERMINATION, and EVOLVING into confident leaders who balance life and find purpose in success. Using football analogies and leadership insights, this session inspires self-leadership, intentional choices, and transformation in nursing and life. Participants will learn to assess their mental and emotional state through the DISCOVER component, embrace transferable skills to adapt and overcome challenges, and apply mental conditioning techniques to set and achieve goals with resilience and motivation.

12:15 pm - 1:30 pm

**Lunch in the Exhibit Hall**

1:30 pm - 3:00 pm

**Concurrent Sessions 1**

**311 | Emergency Preparedness for the Occupational Health Nurse: Expect the Unexpected**

***Stephanie Hammond, DNP, CRNP, ANP-BC, COHN-S, FAAOHN; Karen Heaton PHD, COHN-S, FNP-BC, FAAN, FAAOHN; Allison Jones PhD, RN, CNS, CNE***

This session will discuss the importance of additional emergency training at the worksite which will include Stop the Bleed®, CPR, and active shooter training. Participants will receive training in Stop the Bleed® and receive a training certificate. After the session, OHNs will have the skills and resources needed to provide these additional trainings for the employees at their worksites.

***Please note this session has a 60-person maximum attendee restriction and will be a ticketed event. Advance enrollment during registration is required.***

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## 312 | AI...EI... OH! Balancing Minds and Machines in Addressing the Future of Workplace Health & Safety

**Kim Olszewski DNP, CRNP, COHN-S/CM, FAAOHN, FAANP, FAAN; Sheila Quinn PhD, RN**

While artificial intelligence (AI) is a helpful tool for OHNs, it cannot replace human connection and emotional intelligence (EI). This session will explore how OHNs balance the two for optimized productivity and easier navigation of conflict in complex social situations.

## 313 | Building Trust, Bridging Gaps: The Role of Occupational Health Professionals in Reducing Health Disparities

**Sheri Rowland, PhD, APRN-BC FNP; Athena K. Ramos PhD, MBA, MS, CPM; Ryan Klataske, PhD**

Trust between workers and the OHNs who care for them directly correlates with worker health outcomes. This session will define trust in workplace healthcare, identify common barriers, and explore how factors like socioeconomic status, race, ethnicity, and roles in high-risk workplaces impact trust disparities. Participants will engage in discussions to deepen their understanding and strategies for building trust.

3:15 pm - 4:15 pm

### Concurrent Sessions 2

## 314 | Connecting Tunnels: Exploring Upper Extremity Injuries

**Diane Olejar, ANP-BC, MSN, CNS; Margaret Finucane RN, COHN-S/CM, FAAOHN**

Upper extremity injuries are among the most common work-related injuries, yet lesser-known tunnel syndromes are frequently and unintentionally overlooked. This session will highlight how to differentiate between nerve, muscle, and bone injuries. Attendees will receive practical guidance on taking detailed patient histories for accurate diagnosis.

## 315 | You Are What You Eat: Food Allergies in the Workplace

**Sarah (Sally) Foster-Chang, RN, MSN, ANP-BC, COHN-S, DNP**

With food allergies on the rise, OHNs need a strong understanding of allergy types, symptoms, and strategies to ensure the safety and well-being of affected workers. This session will provide updated statistics on adults with food allergies, along with guidance on management, treatment, and preparatory education for workers and nurses.

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## **316 | Understanding Compression Wear in Occupational Health and Injury Prevention Strategies**

***Richard Wyatt PhD, PE, CPE, CSP, CQE***

Compression wear usage has application to the worksite for improved circulation and fatigue management with physical demands from work over long durations or from repetitive motion tasks. This session will discuss the evidence-based practice for improved outcomes with compression wear use, as well as an introduction to risk management and insurance cost data with musculoskeletal injury. The presenter will introduce live case studies for implementation in occupational nursing worksites such as factories or distribution centers.

**4:25 pm - 5:00 pm**

### **Poster Session**

## **317-PS1 | Dateline-Workplace Murders and the role of OHN in Estimating Risk and in Response**

*Stacey Mitchell DNP, MBA, MEd, RN, AFN-C, SANE-A, SANE-P, IVSE-C, FAAN*

## **317-PS2 | Decreasing Injury Trends Through Education and Collaboration**

*Rebecca Freeman MSN, BSN, RN, CNOR*

## **317-PS3 | Advancing the Occupational Setting to Support Black Nurses' Sleep Health**

*Beverly M. Hittle, PhD, RN, FAAOHN*

## **317-PS4 | Ohio Farmworkers and Heat-Related Illness Prevention: A Focused Ethnography**

*Ashley Edgerly PhD, BSN, RN*

## **317-PS5 | Promoting Hypertension Management in the Commercial Truck Driver via Portable, Electronic, Bluetooth Connected Blood Pressure Machines**

*Jodi L. DeBroux, MSN, APNP*

**5:00 pm - 6:30 pm**

### **Exhibit Hall Happy Hour**

**7:00 pm**

### **ABOHN Reception (Invitation Only)**



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## TUESDAY, APRIL 1

7:00 am - 8:00 am

Coffee in the Exhibit Hall

8:00 am - 9:00 am

Concurrent Sessions 3

### 400 | What OHN's Need to Know about GLP-1 Medications

*Douglas Hoffman, RN, MSN, COHN-S, FFAOHN; Jonathan B. Hjelm Pharm.D., BCPS*

GLP-1 medications are gaining popularity for treating Type 2 diabetes and obesity, yet misconceptions about their use, side effects, and benefits for employee performance and health outcomes persist. This session will explain the mechanisms of GLP-1, review current guidelines, and enhance OHNs' clinical decision-making skills when caring for patients prescribed GLP-1 medications.

### 401 | Using Total Worker Health® for Better Results in Workers' Compensation

*Shanna Dunbar, BSN, RN, COHN-S, FFAOHN*

While OHNs are tasked with ensuring workers' safety on the job, it's also crucial to consider injuries outside the workplace. This session will equip learners with tools to adopt a Total Worker Health approach, highlighting the cost savings and positive outcomes associated with this method of health promotion.

### 402 | Results from an Innovative Online Learning Module to Teach Patient's Prevention of Back Pain

*Scarlet R. Spain DNP, MPH, APRN, CNS, FNP-BC*

Back pain is a common injury among labor-intensive workers, and often leads to poor patient outcomes, decreased productivity, and negative quality of life. This session will analyze insights and positive feedback from workers who completed an online learning module on spine anatomy and back injury prevention.

9:15 am - 10:45 am

Concurrent Sessions 4

### 403 | Ergonomics for the OHN

Join this combined session to discover tools and resources to prevent workplace injuries. From ergonomic AI technology to employer education, speakers will share their approaches to improving hazard management and identification.

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## **403(a) | Making Ergo Easy and Efficient with AI**

***Justin Shepherd, PT, CIMT, CEAS***

Join Justin Shepherd MSPT, CIMT, CEAS to explore how ComputerVision AI can be a powerful resource for proactive ergonomic assessment and injury prevention. Learners will examine how to integrate this technology into their existing ergonomic programs to improve efficiency, worker safety, and expand hazard identification outside of the workplace.

## **403(b) | Ergonomic Injury Prevention: Strategies to Engage Employers**

***Megan Dickinson RN, MBA, PCCN, CHC***

While employers can be hesitant or unwilling to purchase ergonomic equipment for employees, they often end up paying more in workplace injury settlements than the cost of equipment that could prevent or lessen workplace injuries. In this session, attendees will review cost-analysis of a work-related injury versus a purchase of ergonomic equipment, how to educate stakeholders and employers to prevent workplace injuries and understand the difference between proactive and reactive actions as they relate to ergonomics.

## **404 | Innovations for Healthcare Organizations**

### **404(a) | Care Redesign in the Face of Crisis**

***Sarah Gilmore, BSN RN***

While most workplaces offer employee healthcare only during business hours, transitioning to a 24/7 care model can mitigate organizational risk, reduce long-term costs, and improve patient productivity. This session will highlight the development of this new care model in relation to bloodborne exposures (BBE) and invite attendees to reflect on their organization's current care models.

### **404(b) | Implementing a National Medical Director Oversight Option for Employee Health Clinics within a Large Healthcare Organization**

***Cynthia Skeens MS, RN, COHN-S, Clinical Director, HCA Healthcare***

A survey of 51 employee health clinics found that 19% had inadequate - or in some cases - no medical oversight, posing a risk to OHNs scope of practice and licensure. This session will cover steps OHNs can take to meet regulatory requirements, partner with national providers or full-service medical director programs, and address implementation challenges and practice variations.

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## 405 | Discovery of Evidence and Translation of Evidence to Practice: The Work of PhD and DNP OHNs in the NIOSH Education and Research Centers

*Karen Heaton PhD, FNP-BC, COHN-S, FAAN, FAAOHN; Stephanie Hammond DNP, CRNP, ANP-BC, COHN-S, FAAOHN; Allison Jones, PhD, RN, CNS, CNE; Marie-Anne S Rosemberg, PhD, MN, RN, FAAOHN, FAAN; Beverly Hittle, PhD; Oi Saeng Hong, PhD, RN; Soo-Jeaong Lee, PhD, RN, FAAN, FAAOHN; Elizabeth McKinley, PhD, MSN, RN*

This panel discussion will explore the mission of NIOSH Education and Research Centers (ERCs) with OHN ERC members. Panelists will highlight professional development opportunities within ERCs and clarify the distinctions between evidence and research translation.

10:45 am - 12:45 pm

Exhibit Hall Open | Lunch and Vendor Lunch Symposia

12:45 pm - 1:30 pm

Poster Sessions

## 406-PS1 | Sleep Behaviors are Associated With Perceived Quality of Care in Public Sector Healthcare Workers

*Yuan Zhang PhD, RN*

## 406-PS2 | Sharpening the Focus: A Targeted Approach to Reducing Nurse Needlestick Injuries

*Laura J. Walker, MSN, RN, COHN-S, CNE, NPD-BC*

## 406-PS3 | Preparing Data in Excel for Occupational Health Nurses in PhD Programs

*Jessica Volz DNP, CRNP, FNE A/P, FNP-BC, NE-BC, AFN-C, IVSE-C, SANE-A, SANE-P*

## 406-PS4 | Adverse Childhood Experiences and Firefighter Mental Health- A Scoping Review of the Literature

*Kathleen Ann Wells MPH, BSN, RN, FEN-A/P, GFN-C, SANE-A, SANE-P, Karen Heaton PhD, COHN-S, FNP-BC, FAAN, FAAOHN*

## 406-PS5 | Impact of Smoking on Sleep Outcomes Among Long-Haul Truck Drivers

*Cara Harris BSN, RN, Karen Heaton PhD, COHN-S, FNP-BC, FAAN, FAAOHN*

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## 406-PS6 | Metabolic Disorder Risk Factors and Quality of Life Among Nurses with Bipolar Disorder: A Longitudinal Analysis of the Nurses' Health Study 3

*Julianne Armijo MSN, FNP-C, RN*

1:45 pm - 2:45 pm

### Concurrent Sessions 5

#### 407 | Shift Work, Sleep, Fatigue, and Mental Health, Among Hotel Workers

*Marie-Anne S Rosemberg PhD, MN, RN, FFAOHN, FAAN*

As non-standard work arrangements (NSWA) increase, research on the impact of shift work on worker well-being remains limited. OHNs will explore a study of hotel workers on mental health, sleep, and fatigue, identifying potential risks and discussing strategies to support employees engaged in NSWA.

#### 408 | Top Shelf Documentation of a Clinic Visit

*Kelvin Jones RN, COHN; Donna Ferreira ANP, MS, COHN-S/CM, FFAOHN*

This session will emphasize the importance of accurate documentation based on chart audit data. Learners will gain skills to improve note-taking, identify common documentation errors, and conduct thorough clinical assessments.

#### 409 | Essentials of Heat Stress Management

*Thomas E. Bernard, PhD*

As global temperatures rise, workers face a growing risk of heat-related illnesses. This session will review OSHA's draft heat stress management standard, outline strategies for OHNs to collaborate with employers on prevention and response to HRI and discuss ways to enhance worker knowledge on prevention and self-care.

3:00 pm - 4:00 pm

### Foundation General Session + Awards Ceremony

#### 410 | Foundation Session: Financial Health and Planning for Occupational Health Nurses and Leaders to Support Holistic & Organizational Wellbeing

*Stephanie Weinsier, DNP, ANP-BC, COHN-S, FFAOHN & Catherine Pepler RN, COHN MBA, BS, COHN-S/CM, FFAOHN*

Join the Foundation for a presentation that bridges the gap between financial and organizational wellbeing. Financial health and financial planning are essential to support personal and organizational wellbeing. Forward-thinking organizations recognize the intricate interplay between physical, mental, emotional and financial health, however many nurses are not equipped with

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financial skills and training. In order to better care for the employees and communities OHNs serve, provide leadership to the businesses and professional organizations they support, and improve OHNs' own wellbeing, they need to be better equipped with tools for financial management, financial planning and budgeting. Attend this session to improve your skill set. At the end of this session, participants will be able to 1.) Identify financial wellbeing as an important component of holistic personal and organizational health and wellbeing; 2.) Demonstrate practical financial skills and competencies to support their professional and personal success and wellbeing; and 3.) Demonstrate understanding of the impact of financial literacy on the business climate, economy, and the health and wellbeing of communities.

**4:00 pm - 5:00 pm**

**David Hall, The Mentalist (Entertainment Open to All)**

***Sponsored by NEAOHN***

Get ready for an unforgettable experience with David Hall, a master of mind-reading and mentalism who combines wit, charm, and astonishing mental feats to captivate audiences. Known for his dynamic, interactive shows, David brings a fresh twist with his background in comedy and improvisational theater, making each performance as engaging as it is unpredictable. Having wowed crowds across the U.S. and on global stages for top brands like Google and Mercedes-Benz, David's show is a must-see, offering a unique blend of mentalism and comedy that makes the audience part of the magic.

**5:00 pm - 6:00 pm**

**NEAOHN Meeting (Invite Only)**

**6:00 pm - 9:00 pm**

**Foundation Event (Additional Fee Required)**

Set sail with the AAOHN Foundation for an unforgettable dinner cruise aboard Pittsburgh's Gateway Clipper! Enjoy scenic views, delicious dining, live music, and relaxed networking with fellow occupational health nurses. Departing from the Convention Center Riverfront Plaza at 6:00 p.m. sharp, this is an evening you won't want to miss. [Reserve your ticket today!](#)

**WEDNESDAY, APRIL 2**

**7:30 am - 8:30 am**

**Coffee + Vendor Breakfast Symposia**

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8:30 am - 9:30 am

## Catherine Dempsey Lecture | When Feeling Like a Fake Hurts You: The Effects of Impostor Syndrome and Impostorization on Career Advancement

**Angelica Gutierrez, PhD**

Catherine Dempsey pioneered occupational health nursing. Join the Catherine Dempsey Lecture for a session focused on gaining an understanding of the impostor phenomenon (aka impostor syndrome) and impostorization, including implications for workplace outcomes and strategies to counter the effects of the phenomena. The content is based on Dr. Gutiérrez's and other academic research. This is an important session for advancing occupational health nursing.

9:45 am - 10:45 am

### Concurrent Session 6

#### 501 | Unveiling Staffing Patterns and Trends in Employee/Occupational Health

**Denise Knoblauch MSN, RN, COHN-S/CM, FAAOHN**

Senior leadership in Employee/Occupation Health (EH/OH) Departments frequently request staffing level data from EH/OH nurse leaders, yet recent studies on staffing patterns are limited. This session will guide attendees in analyzing benchmark data to identify staffing trends, comparing their organization's patterns to industry standards, and effectively presenting findings to key stakeholders.

#### 502 | The Role of Genomics in Occupational Health

**Rebecca Kronk, PhD, MSN, CRNP, FAAN, CNE, ANEF**

As precision healthcare advances, occupational health nurses must understand the impact of genomic information and communicate its implications effectively to those they serve. This session will explore genetic testing, the Genetic Information Nondiscrimination Act, and ways to enhance genomic literacy through professional development.

#### 503 | The Runaway Case

**Lori Dawn Burke RN, MPH, COHN-S/CM, FAAOHN**

Even without a Case Management certification, many OHNs assume the responsibilities of managing employees with work-related injuries. Factors such as disability guidelines, planning, and coordination with insurers, businesses, and external providers can negatively impact the OHN's case and the employee's well-being. This session will provide a foundational framework for OHNs – both certified and uncertified – to enhance patient outcomes and facilitate their return to work.

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11:00 am - 12:00 pm

**AAOHN General Session**

## **504 | Menopause in the Workplace**

***Stephanie Faubion MD, MBA, FACP, MSCP, IF, Penny and Bill George Director for Mayo Clinic's Center for Women's Health | Medical Director for The North American Menopause Society***

Menopause symptoms typically last 7-9 years, with work productivity one negative result for women in the workplace and the economic burden on employers, women and society. Join the AAOHN General Session for a lecture focused on menopause symptoms and care management, along with the impact in the workplace. Attendees will learn about opportunities for implementing policies. This session provides an excellent opportunity to open dialogue with staff and employers.

12:00 pm - 12:30 pm

**AAOHN Closing Ceremony**

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## CALCULATING THE EXPENSES

Complete this worksheet to help identify common expenses associated with attendance.

### STEP 1: DETERMINE YOUR REGISTRATION EXPENSES

REGISTRATION TYPE	EARLY BIRD PRICING (BY FEB. 17)	REGULAR PRICING (AFTER FEB. 17)
Member Full Conference	\$799	\$899
Non-Member Full Conference	\$1,299	\$1,349
Student/Retired Full Conference	\$299	\$349
Group** Member Full Conference	\$749	\$779
Group** Non-Member Full Conference	\$1,149	\$1,249
Guest*	\$349	
Exhibit Hall Only	\$300	
Pre-Conference Workshop(s)	Require additional fee(s). View pricing at <a href="http://www.aohn.org/Events/2025-National-Conference/Registration">www.aohn.org/Events/2025-National-Conference/Registration</a>	
<b>SUBTOTAL A</b>	<b>\$</b>	<b>\$</b>

### STEP 2: DETERMINE YOUR TRAVEL EXPENSES

EXPENSE	NOTES	ESTIMATED COST
Airfare	Estimate based on current airfare prices	\$
Hotel***	The Westin Pittsburgh HQ Hotel: \$229+ Drury Plaza Hotel Pittsburgh Downtown: \$195+ Renaissance Pittsburgh Hotel: \$213+	\$
Ground Transportation	Lyft, Uber, Taxis, etc.	\$
Food Per Diem	Conference fee includes: Sunday: Welcome Reception Appetizers Monday: Coffee Break, Lunch, Happy Hour Appetizers Tuesday: Coffee Break, Lunch Wednesday: Coffee Break	\$
<b>SUBTOTAL B</b>		<b>\$</b>

### STEP 3: DETERMINE YOUR OVERALL EXPENSES

Add Subtotal A and Subtotal B: \$ \_\_\_\_\_

\*Guest registration must be added on to a Full Conference registration and includes the welcome reception, Happy Hour, and the Exhibit Hall. There is no access to sessions or contact hours given with this registration type.

\*\*Group Rates: Groups of 3+ members or non-members from the same organization, facility or chapter qualify for a group discount. AAOHN will monitor groups to make sure they meet the requirement. Additional fees will apply if less than three attendees are registered.

\*\*\*Price does not include taxes and fees.



# CONNECTING WORKER HEALTH 2025

LEARNING • GROWING • ADVANCING • TOGETHER

AAOHN NATIONAL CONFERENCE

MARCH 31 - APRIL 2, 2025 | PITTSBURGH, PA



## EMAIL TEMPLATE

To: *<manager name>*  
From: *<your name>*  
Date: *<insert date>*  
Subject: Attending the 2025 AAOHN National Conference

Dear *<manager name>*,

As an OHN professional, I'm committed to enhancing my practice and staying up to date on industry changes so that I can best serve our organization. The 2025 National Conference of the American Association of Occupational Health Nurses (AAOHN) provides the most relevant education and professional development opportunities to do just that. As the premier educational event for OHNs in the country, the conference is also an unmatched opportunity to tap into the expertise of fellow professionals and share best practices with colleagues in similar work environments.

With interactive educational sessions and practice exchanges on topics such as employee wellness, leadership, and case management, I have the opportunity to earn up to 15.0 Continuing Nursing Education (CNE) contact hours by attending the full conference. All that in just three days, meaning less time away from the office and the opportunity to meet requirements for maintaining professional licensure and certification requirements. In addition, I will share what I learn with my colleagues in occupational health nursing.

*<Insert programming of interest here. What topics and/or sessions you want to attend and why; include how this information will be shared with your colleagues after the conference.>*

I am seeking *<your company>*'s support for registration expenses for the 2025 AAOHN National Conference. I understand my attendance at the conference is an investment of both time and money, so I have outlined the anticipated expenses of this endeavor.

The cost to attend the conference is *<insert registration rate based on the category of your choice.>*

The specific benefits to our facility resulting from my attendance at the AAOHN 2025 National Conference are substantial, making this an appropriate use of our education budget and my time away from work.

I appreciate your consideration of my request. If further information is needed, please let me know.

Sincerely,  
*<your name>*