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From the President's Desk

Dear Members,

Can you believe that our annual conference is less than a month away? It amazes me how each conference is better than the previous. How can that happen? Having sat on the Conference Planning Team several years ago, I have a great appreciation for the time and effort that this team dedicates in order for us to have a dynamite conference. Thanks, Conference Planning Team, for all your hard work!

I hope you will be attending the Global Summit. There are 11 presenters addressing topics with global applications, and you will have the opportunity to network with other occupational health professionals from more than 14 different countries. The conference proper will start immediately upon the completion of the Global Summit, with both groups hearing Dan Buettner, New York Times Best Selling author of *The Blue Zone*, describe his work on optimizing the health environment. Other speakers include Steven Wojcik, Vice President of Public Policy for the National Business Group on Health, and Linda McCauley and Mary Salazar, two of our esteemed colleagues who will provide us with information addressing the challenges facing occupational health and how to approach those opportunities. Dee Edington, a recognized expert in workplace wellness, will be our closing speaker. In addition to these presentations, there is a plethora of educational sessions for you to attend. Be sure to visit the poster presentations and learn of the many works that have occurred in the past.

I have found that one of the greatest values of attending the conference is the networking opportunity. I hope that you take advantage of this time for some informal interactions outside the scheduled sessions. I have learned so much from my colleagues by introducing myself and learning more about their practices. The variety of environments where our members work and the different challenges we face in those venues is incredible. Although your time will be packed with professional development and networking, I hope that you will take some time to have fun and enjoy your stay in Dallas. You deserve to celebrate the work you do and the difference you make in the lives of those you touch. Be sure to attend the Foundation's Silent Auction and treat yourself to a gift while supporting the work of this group. I understand there are some very interesting items that we may take home if we are the highest bidder! Please also try to attend the Laughter Yoga session. Participants from last year reported that this was one of the highlights of the conference. What a great way to start our day with new energies. And everyone knows that I love to laugh!

Did you know that the state motto for Texas is simply "friendship"? It was adopted as the Texas state motto by the forty-first Texas Legislature in February, 1930. What better motto for us to use during our time at conference? Please stop and introduce yourself, and make a new friend during your stay. Remember the saying, "make new friends but keep the old; one is silver and the other gold!" I am looking forward to seeing you in Dallas and applying that motto!

Pam Carter

Pam Carter, RN, COHN-S, FAAOHN
AAOHN President

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AAOHN
April 2014
Volume 35, Issue 4

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AAOHN 2014 National Conference

Dallas, Texas, May 5-8, 2014

Occupational Health Nursing Across Borders: Practice, Protection, and Productivity

Registration is now open for the AAOHN 2014 National Conference! Join us in Dallas May 5-8 to hear from these keynote speakers and many other leaders in occupational health:

Dan Buettner, author of *The Blue Zones*

Linda McCauley, PhD, RN, FAAN, FAAOHN, dean of the Nell Hodgson Woodruff School of Nursing at Emory University

Mary Salazar, EdD, MS, BSN, RN, Professor Emeritus at the University of Washington School of Nursing

Steve Wojcik, Vice President of Public Policy for the National Business Group on Health

Dee Edington, PhD, Founder and Chairman of Edington Associates, LLC; Founder and Professor of the University of Michigan Health Management Research Center

Learn more about our speakers and review the complete AAOHN 2014 National Conference Brochure.

Registration
Register online or complete the registration pages in the conference brochure and mail/fax to the AAOHN National Office.

Hotel Information
Sheraton Dallas Hotel
400 N. Olive Street
Dallas, TX 75201
Reservations: (214) 922-8000
Toll Free: (800) 325-3535

$179 single\double until April 18, 2014 or until the room block is filled. Once this date has passed or the room block is filled, the special AAOHN rates cannot be guaranteed. Rates do not include applicable state and local taxes, currently 15%.

American Occupational Health Nurses

AAOHN Government Block
Government rooms are available at the prevailing per diem rate for eligible government employees. You will have to show proof that you are a government employee to qualify for the government rate. Qualifying participants should contact Leslie Long for reservation information.

The American Association of Occupational Health Nurses, Inc. is an Approved Provider of continuing nursing education by the American Association of Occupational Health Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The American Association of Occupational Health Nurses, Inc. is additionally approved as a CNE provider by the California Board of Registered Nursing (#CEP9283).

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From the AAOHN Foundation

The national conference next month in Dallas will provide three opportunities to support the mission of the AAOHN Foundation. Your support of the AAOHN Foundation will help fund research projects, scholarships, and grants offered to AAOHN members, and will also promote our specialty of Occupational Health Nursing. Most of all, supporting the Foundation at the conference will be fun and engaging! First of all, please join us at the Opening Reception in the Lonestar Ballroom at 5:30 p.m. on the 5th of May. This kickoff party will help celebrate Cinco de Mayo with appetizers, beverages of your choice, and the annual Foundation Silent Auction.

Highlights of the Foundation Silent Auction include fantastic jewelry, electronics, gift cards, unique gift baskets, and collectible pieces. It is not too late to donate items for the auction; bring them to the registration desk by 3 p.m. on Monday, May 5. The auction and Opening Reception offer an excellent opportunity to network with colleagues, engage in deep clinical practice discussions, or just sit back, shop, relax, see old friends, and make new ones! Feel free to bid early and frequently at the Silent Auction to benefit member research projects, scholarships, and grants.

Returning to the AAOHN National Conference, after the huge success last year at the conference in Las Vegas, is Laughter Yoga. Start the morning with motion and humor at this fun event, sponsored by Healthways. Laughter Yoga will be held on Tuesday, May 6, from 7 to 7:45 a.m. A suggested donation of $10 for Laughter Yoga is appreciated. For this donation, each participant will receive a Laughter Yoga CD. All proceeds from Laughter Yoga donations go to the AAOHN Foundation and help

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EdD, RN-C, COHN-S,
FAAOHN

support research grants, career development, and education for AAOHN members.

The third opportunity to support the AAOHN Foundation at the conference in Dallas is the purchase of the 2014 AAOHN Foundation Pin. This year, the collectable souvenir pin highlights the international focus of the AAOHN conference and our proud pin sponsor, the AAOHN Texas Chapters. Take back a memory from the conference! Consider purchasing additional pins for your colleagues, peers, and sponsors. The suggested donation is $15 for one pin or two for $25. Foundation pins from past conferences are also available for $15 each. This is an opportunity to round out your AAOHN Foundation pin collection! Here is the pin design for 2014:

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AAOHN Cares: Virtual Food Drive for North Texas Food Bank

Benefitting the North Texas Food Bank, our 2014 Virtual Food Drive is an online grocery experience that you can access at your desk. Simply visit the AAOHN website, aaohn.org. Under the Conference section, select the menu links for 2014 National Conference and Food Drive.

Every $1 collected provides three meals to hungry North Texans. Thank you for giving!

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Occupational Health Nursing Week: April 19-25

Occupational Health Nursing Week 2014 is upon us, and it's time to celebrate! AAOHN is offering tools you can use in your workplace and community to help raise the profile of the OHN profession. Available free for you to download at aaohn.org are:

OHN Week Logo
New this year for OHN Week is a logo that can be used on printed materials in the workplace, on your chapter website, in social media, etc.

OHN Week Poster
Hang this OHN Week poster on your office door, break room bulletin board, or wherever you wish.

OHN Week Press Release
Add details from your local chapter to this OHN Week 2014 press release and send it by e-mail to your local media. Most media outlets list the names and contact information of their editorial staff on their websites. Most newspapers have a business reporter or community reporter you could contact with your release. If you contact the assignment manager at a TV station, be prepared to tell them of any visual content that may help to tell the story of what OHNs do. Do you have a chapter meeting, regional conference, or health fair you can invite them to cover? Get creative and help tell the story of how OHNs promote a healthy workforce and a healthy bottom line for businesses.

OHN Week Talking Points
Reviewing these OHN Week 2014 talking points may be helpful if you will be talking to media, business leaders, or any audience about occupational health and the business case for OHNs.

These tools can help you increase awareness of the hard work of occupational and environmental health nurses among your coworkers and your local business community. We hope you'll take advantage of them and observe OHN week in your workplace or chapter this week.

Give the Gift of Education
Occupational Health Nursing Week is the perfect time to recognize your staff, coworkers, or any fellow nurse who is interested in occupational health. AAOHN can help you make this recognition extra special with the gift of a webinar from the AAOHN Academy. Simply call AAOHN's National Office at (800) 241-8014 and ask to give the gift of a webinar. Most webinars are $20, and your gift recipient can choose the course(s) they want to attend.

Happy Occupational Health Nursing Week!

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NIOSH Science Blog: Do We Need to Challenge Respirator Filters with Biological Aerosols?

This blog explains what is currently known about an important aspect of respirator filtration. NIOSH is seeking information and comments to assess whether NIOSH should consider additional filter test methods to enhance existing requirements. Are there any important developments in aerosol science or key scientific data that would better inform NIOSH on the filtration of biological aerosols? This request for information was published in a Federal Register Notice on March 14, 2014. Comments may be submitted directly to NIOSH Docket #272 through regulations.gov. Additionally, comments to this blog will be added to the docket. The deadline for comments to the docket is April 14, 2014.

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Member Recognition: Peggy Berry

Peggy Ann Berry, MSN, RN, COHN-S, SPHR, PLNC, University of Cincinnati PhD candidate, and AAOHN Board member has been inducted as a Founding Academy Fellow of the U. S. Academy on Workplace Bullying, Mobbing, and Abuse. The Academy supports and promotes a multidisciplinary approach to the understanding, preventing, stopping, and responding to workplace bullying and related forms of interpersonal mistreatment with a deliberate focus on the unique challenges posed by American employment, mental health, and legal systems. Ms. Berry's research is directed toward the consequences of novice nurses' workplace bullying. Read the announcement here.

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Upcoming Webinars

Co-sponsored by the University of Michigan Center for Occupational Health and Safety Engineering

April 16: Job Accommodation from Pre-placement to Return-to-Work to Special Needs with Elisabeth Simpson, Senior Consultant with the Job Accommodation Network

FREE – May 28: The Americans With Disabilities Act Amendments Act (ADAAA): Understanding the Law and the Role of the Occupational and Environmental Health Nurse with Pat Strasser, Occupational Health Nursing Consultant

June 24: This Job Has Made Me Sick: Investigating Health Events at the Workplace with Nicole Shaffer, Nurse Leader with Pfizer Sponsored by Axion Health

July 17: Case Studies of Exposure Assessments in Healthcare, Manufacturing, and Research with Nicole Shaffer - Sponsored by Axion Healthcare

August 7, 19 and September 4: Nicotine Dependence Series with The Mayo Clinic Nicotine Dependence Center faculty - Sponsored by Legacy for Health

FREE - August 21: CDC Seasonal Influenza & Closed PODs with Dr. Carolyn Bridges & David Dickerson, CDC faculty

September 11: The Five Most Commonly Sustained Worker Hand Injuries with Dr. David Rehak…AND MORE

All live webinars award 1.0 CNE. They are offered live at 12 p.m. Eastern and are available on-demand, so you can participate anytime, anywhere.

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Workplace Health & Safety: April Contents

PROFESSIONAL PRACTICE
Smoking Behavior Among Nurses in Rural Greece
A survey of the knowledge and attitudes of Greek nurses toward smoking cessation determined that continuing education programs are needed to reduce smoking and improve patient outcomes.
Eleni Stamatopoulou, RN, MSc; Konstantinos Stamatiou, MD, PhD; Stefania Voulioti, MD; George Christopoulos, MD, PhD; Eleni Pantza, RN, MSc; Athanasia Stamatopoulou, RN, MSc; Dimitris Giannopoulos, MD, PhD
Reducing Obesity Among Employees of a Manufacturing Plant: Translating the Diabetes Prevention Program to the Workplace
Occupational health nurses can implement evidence-based worksite obesity interventions to support employee weight loss.
Karla K. Giese, DNP, RN, FNP-BC, CDE; Paul F. Cook, PhD
Breastfeeding Knowledge Among Working Pregnant Women in Turkey
Study results indicated that working pregnant women need effective prenatal education to safely breastfeed after returning to work.
Gülsah Karanci, MSc; Kerziban Yenal, PhD, RN
Determining Safe Limits for Significant Task Parameters During Manual Lifting
Lifting weight, frequency, and vertical distance were observed to be significant factors in determining safe limits for manual lifting tasks.
Ravindra Pratrap Singh, ME; Ajay Batish, PhD; Tejinder Pal Singh, PhD
Effectiveness of an On-site Health Clinic at a Self-Insured University: A Cost-Benefit Analysis
Based on the results of this study, the University's on-site health care services were determined to be more cost-effective than similar off-site health care services for the treatment of upper respiratory tract infections.
Sherrie P. McCaskill, DNP, FNP-C; Lisa A. Schwartz, MBA, PhD; Anne L. Derouin, DNP, CPNP; Angela H. Pegram, PharmD, BCPS, CDE
HEALTH UPDATES
Implementation of a Safe Driver Program
Occupational and environmental health nurses can assist in developing a driver safety program to help increase awareness of the effects of impaired driving.
Susan A. Randolph, MSN, RN, COHN-S, FAAOHN

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AAOHN New Members

AAOHN welcomes new and renewing members who joined in March 2014. Below are their names and credentials, listed with location and chapter (information not listed has not been provided by the member).

Amelia Atalig-Smith, CCRN, ANP, Emeryville, CA
Angela R. Green, BSN, RN, Lubbock, TX, Texas State, South Central/Southwest
Angela Kolody, RN, Leesburg, GA
Anna M. Jones, BSN, RN, Papillion, NE, Nebraska State, North Central
Barbara B. Symons, CRNP, COHN-S, Philadelphia, PA
Becky McCord, RN, Philipsburg, PA, Pennsylvania State, Central Pennsylvania, Northeast
Carmen Dansereau, RN, Imperial Beach, CA, California State, San Diego California, Mountain/Western
Catherine O'Connor, California State, California El Camino Real, Mountain/Western
Christopher Boullion, RN, Friendswood, TX, Texas State, Houston Texas, South Central/Southwest
Connie McCune, RN, Washington Court House, OH, Ohio State, Midwestern Ohio, South Central/Southwest
Cristin Eichenberger, BSN, RN, Ames, IA
Denise Nika, Pennsylvania State, Berks County Pennsylvania, Northeast
Donna McDowell, MHA, BSN, RN, Lithonia, GA, Georgia State, Atlanta Georgia, Southeast
Elaine Heinz, MS, BSN, RN, Oro Valley, AZ, Arizona Kachina, Mountain/Western
Eularito Tagalog
Ina Keltner, California State, Southern California, Mountain/Western
Irene Cheung, RN, Chicago, IL, Illinois State, Illinois Hospital, North Central
Jane Brunn, RN, Streetsboro, OH, Ohio State, Northeast Ohio, South Central/Southwest
Janet Paydo, CRNP, Severma Park, MD, Maryland Area, Southeast
Jodi Walsh, BSN, Park Rapids, MN, Minnesota State, North Central
Judith W. Njue, Nairobi, Kenya
Julie Brooks
Julie Curtin, BSN, RN, Chester, NJ, New Jersey State, New Jersey State Region, Northeast
Karen Seibel, RN, Bismarck, ND, North Central
Katherine (Kay) Wilson, RN, Mentor, OH, Ohio State, Ohio Western Reserve, South Central/Southwest
Kathleen Betts
Kay Gentieu, DNP, CRNP, Philadelphia, PA
Kelli Borland, RN, Fairburn, GA

Kelli Harbison, RN, COHC, Ollie, IA, Northeast Iowa, North Central
Kristina Elder, LVN, Bellflower, CA, California State, Orange County California, Mountain/Western
Kylie Carter, RN, COHC, Columbia, AL, South Alabama, Southeast
Laura Armstrong, BSN, RN, FNP, Weston, MA, Massachusetts State, North of Boston Massachusetts, Northeast
Lee Fox, BSN, RN, Pittsford, NY, New York State, Greater Rochester New York, Northeast
Leticia Vance, FNP-BC, Columbus, IN, Indiana State, Indiana, North Central
Linda Miller Lentz, MA, BSN, RN, Bloomsburg, PA, Pennsylvania State, Susquehanna Valley PA, Northeast
Lisa Marie Gonzalez, Berea, OH, Ohio State, Northeast Ohio, South Central/Southwest
Lisa Chan, RNC-OB, Douglas, MA
Margaret Kamphuis
Marnell Chesney, RN, Duncanville, TX, Texas State, North Texas, South Central/Southwest
Matthew Vincent, APRN, FNP-BC, Jennings, LA, Louisiana State, Southwest Louisiana, South Central/Southwest
Melissa Berry, LPN, Livingston, TX, Tennessee State, Middle Tennessee, South Central/Southwest
Melissa Brown, BSN, RN, Austin, KY, Kentucky Lakes Region AOHN, South Central/Southwest
Natalie Malone, California State, San Diego California, Mountain/Western
Olanrele Bisi
Phyllis Wilburn, LVN, Jacksonville, TX
Rashonda Scruggs, BSN, RN, MBA, Euless, TX, Texas State, North Texas, South Central/Southwest
Rebecca Beaver, RN, Fort Wayne, IN, Indiana State, Indiana, North Central
Rebecca Inghram, BSN, RN, CCM, COHC, Ponte Vedra Beach, FL, Florida State, Northeast Florida, Southeast
Robert A. Stephenson, BSN, RN, Raleigh, NC, North Carolina State, North Carolina Tarheel, Southeast
Robyn Nickrenz, BSN, RN, Byron, MN, Minnesota State, Western Wisconsin, North Central
Sophia Quang, MSN, RN, COHN-S, Chicago, IL, Illinois State, Illinois Hospital, North Central
Stacy Johnson, FNP, Beulah, ND, North Central
Susan Reutman, PhD, MPH, BSN, RN, Cincinnati, OH, Ohio State, Southwestern Ohio, South Central/Southwest
Tammy Bartley, BSN, RN, Green Bay, WI, Wisconsin State, Northeast Wisconsin, North Central
Vitina Cosse, MSN, APRN, NP-C, Cypress, TX, Texas State, Houston Texas, South Central/Southwest
Wilhemenia Crowder

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