NEWS

AAOHN
Advancing the Profession of Occupational and Environmental Health Nursing

## From the President's Desk

Dear Members,

Just think, by the time you are reading this message, we will be preparing for the end of another year. Where did 2013 go?

This month I represented AAOHN at the ANA Alliance meeting in Minneapolis. As usual, I bent the ear of anyone who would listen about the role of occupational health nursing. Three short words--"tell me more"--always ended with me touting the numerous activities we are involved in and how we are an asset to our employers and clients. It never ceases to amaze me just how few of our peers know exactly what we do. I can assure you that anyone I came into contact with knows of our specialty and value!

Another exciting development for nursing was the launch of the Health Risk Appraisal from ANA. As part of the Healthy Nurse™ campaign, this online survey enables nurses to identify personal and work environment health, safety, and wellness risks and to compare results against ideal standards--the national average and those of other registered nurses. The online survey takes 20-30 minutes to complete and it is very interesting to see how we compare to other populations. By participating in the survey, you will be contributing to a continually accumulating database that will enhance the nursing profession's ability to track trends and set policy and advocacy priorities and strategies. You can find the HRA at www.anahra.org/.

On behalf of your Board of Directors, I hope that you and your family have a wonderful holiday season! Thank you for all that you do for your workforce and for AAOHN.

Pam Carter

Pam Carter,
RN, COHN-S, FAAOHN
AAOHN President

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AAOHN
December 2013
Volume 34, Issue 12

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## AAOHN Save the Date 2014

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## AAOHN Global Summit

**Make your plans now to attend!**

**2nd AAOHN Global Summit | May 4-5, 2014 in Dallas, Texas, USA**

Occupational health professionals from more than 10 countries will be presenting educational sessions on practice challenges, current research, and successful projects.

The Summit is a one-of-a-kind offering where occupational health professionals from around the world will share their experiences and learning with colleagues, marking a continuation of the work begun in 2011 at our first Global Summit. Please make the summit part of your plans when attending the AAOHN National Conference. The Global Summit will be offered concurrently with the AAOHN National Pre-Conference. This timing, immediately prior to the start of the AAOHN National Conference, provides attendees with the scheduling flexibility to participate in both the conference and summit. In addition, the International Commission on Occupational Health's (ICOH) Scientific Committee on Occupational Health Nursing (SCOHN) will hold its mid-term meeting during the summit.

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Keynote Speakers include:

Dr. Eileen McNeely, Co-Director of SHINE at the Center for Health and the Global Environment at Harvard University

Louwna Pretorius, Chair of the Scientific Committee on Occupational Health Nurses from ICOH

Tara O'Leary, Pepsico Global Manager of Health & Safety

Dan Buettner, *New York Times* Best Selling Author of *Blue Zones: Lessons for Living Longer from the People Who've Lived the Longest*

The Summit will also feature Dr. Eric Bing, Director of Global Health at the George W. Bush Institute and author of *Pharmacy on a Bicycle*.

**Registration Information**
**Registration fees: $450**

Attendees from outside the US and Canada who register for the Global Summit will receive a one-year complimentary AAOHN International Membership. To register, please contact the AAOHN National Office.

Global Summit/Conference Hotel Information
**Sheraton Dallas Hotel | 400 N. Olive Street | Dallas, TX 75201 USA**
**Reservations: (214) 922-8000 | Toll Free: (800) 325-3535**

Reservations Are Now Being Accepted Online - Book Your Stay Today

ROOM RATES: $179 single/double room rate until March 31, 2014 or until the room block is filled. Once this date has passed or the room block is filled, special AAOHN rates cannot be guaranteed. Rates do not include applicable state and local taxes, currently 15%. Government employees may reserve a room in our Government Room block at the prevailing per diem for eligible government employees.

**Watch for future announcements at www.aaohn.org**

**Contact AAOHN National Office**
7794 Grow Drive, Pensacola, FL 32514
Phone: (800) 241-8014 | Fax: (850) 484-8762

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## From the AAOHN Foundation

Dear AAOHN Members,

Here we are, nearing the end of 2013, with many of us wrapping up projects at work and preparing to celebrate the holidays with our families and friends. Over this past year, you've heard from Foundation Board Trustees as we've talked about the scholarships and grants the foundation offers to AAOHN members. As you prepare for the end of year, take a moment to reflect on whether you have contributed personally to the foundation or reached out to a potential donor. If you haven't had a chance, now is your opportunity to make a donation or to follow up with a potential sponsor.

So be the voice that reaches out to garner support for AAOHN Foundation scholarships and grants for our AAOHN members!

The AAOHN Foundation Board of Trustees is a committed and dedicated team with the vision to continually expand our activities and provide programs that benefit you, and the entire membership. I encourage you to visit us at www.aaohn.org/foundation/ to explore current opportunities and to think about how you can help us maximize the potential for the foundation. If at any time you have a potential sponsor or are personally interested in learning more about the foundation or individual giving, please reach out to us at: aaohngov@aaohn.org or call (800) 241-8014.

Happy holidays and thanks for all you do to help support the AAOHN Foundation and fellow AAOHN members!

Jeannie K. Hanna

Jeannie K. Hanna, MSN, RN, COHN-S, FAAOHN
Vice Chair, AAOHN Foundation

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## AAOHN Foundation Scholarships

*Deadline to apply is January 10*

The AAOHN Foundation is committed to supporting occupational and environmental health professionals by helping them to further their professional development and continued competence. Please visit aaohn.org to learn about the scholarship opportunities available to AAOHN members. Remember, the deadline to apply for AAOHN Foundation Scholarships is **January 10, 2014**.

**AAOHN Foundation Scholarships**

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## Call for Abstracts for ICN Conference

The International Council of Nurses (ICN) Conference will be held in Seoul, Republic of Korea, June 19-23, 2015. With the theme "Global Citizen, Global Nursing," the ICN 2015 Conference will provide a global platform for the dissemination of nursing knowledge and leadership across specialities, cultures, and countries.

The extensive ICN 2015 Conference scientific programme will feature keynote and main session invited speakers as well as a wide range of concurrent sessions, including dynamic papers accepted through our highly competitive abstract selection process. To share your ideas, research, and expertise on how to provide quality care, improve populations' equity and access to health care, or contribute to further advancing nursing knowledge and practice, you are invited to submit an abstract.

The Call for Abstracts provides you with all the necessary information to enable you to actively contribute to the scientific and educational content of the ICN 2013 Congress. Submit an abstract online at http://www.icn2015.com/.

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## AAOHN Member Recognition

The National Safety Council has published a summary of a study by AAOHN members **Kimberly Olszewski**, DNP, CRNP, COHN-S/CM, FAAOHN; and **Debra Wolf**, PhD, MSN, RN. The NSC's news brief is based on research presented in the *Workplace Health and Safety* journal article titled, "Obstructive Sleep Apnea Among Commercial Motor Vehicle Drivers: Using Evidence-Based Practice to Identify Risk Factors" (November 2013).

Dr. Olszewski is assistant professor at Bloomsburg University of Bloomsburg, PA, and Vice President of Mid-State Occupational Health Services, Inc., in Lewisburg, PA. Dr. Wolf is assistant director of Nursing Programs and associate professor of Nursing at Chatham University in Pittsburgh, PA.

**Have member news to share?**

Submissions may be directed to amy.minchin@internationalamc.com . All items must be submitted by/on behalf of an AAOHN member and meet the following criteria:

Occupational health related

Not older than 18 months

Examples: ABOHN Certification, education/earning additional degrees or completing a major paper, presentations made to groups, books/articles/research published.

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## AAOHN – UAB DOT Medical Examiner Online Training

**AAOHN UAB DOT Medical Examiner Online Training** is available now at aaohn.org. This online certificate course was developed by Karen Heaton, PhD, CEN, FNP-BC. Complete the training at your convenience and save with the AAOHN Member Discount. Learn more.

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## Health Promotion, Affordable Care Act, Ergonomics Among 2014 Webinar Topics

The AAOHN Academy is pleased to bring you another year of webinar offerings to increase your knowledge and career opportunities through education. Registration links for 2014 webinars will be available soon at aaohn.org. Here are four courses you'll want to put on your calendar for the first quarter 2014:

**Jan. 22 – "No Cost, Low-Cost Ways to Make Your Health Promotion Budget Go Further"** | *Presented by Don Powell, PhD, President & CEO, American Institute for Preventive Medicine*

**Feb. 5 – "After Enrollment: The Affordable Care Act and What the OHN Needs to Know"** | *Presented by Tammy Szafranski and Nicole Studer, TowersWatson*

**March 12 – "Studying & Test-Taking Strategies for the COHN Exams"** | *Presented by Ann Lachat, BSN, RN, FAAOHN, COHN-S/CM, CEO, American Board for Occupational Health Nurses, Inc. (ABOHN)* | This course is **free** for members and non-members.

**March 20 – "Materials Handling Ergonomics"** | *Presented by Gary Downey, MS, PE, CPE, senior ergonomist, The Ergonomics Center of NC, NC State University*

Remember to check aaohn.org in the weeks to come for more information and to register. Additional courses will be announced in the near future.

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## Workplace Health and Safety – December Contents

**AAOHN POSITION STATEMENT**
**PROFESSIONAL PRACTICE**
**Self-Care and Yoga: Academic–Practice Collaboration for Occupational Health**
This article describes the formation of an academic-practice collaboration to use yoga as a model for occupational health and wellness among nurses employed at a tax-supported urban health system and discusses recommendations for program sustainability over time.
*Gina Alexander, PhD, MPH, MSN*
**Exploring the Cost-Effectiveness of Unit-Based Health Promotion Activities for Nurses**
Graduate nursing students and an employer wellness team can deliver a successful unit-based health promotion program and possibly affect absenteeism.
*Mary Val Palumbo, DNP, APRN, GNP-BC; Evelyn A. Sikorski, CSW, CEAP; and Barbara C. Liberty, BSN, RN*
**Occupational Chemical Exposures Among Cosmetologists: Risk of Reproductive Disorders**
The purpose of this article is to inform nurses and public health professionals about occupational exposures for cosmetologists and discuss interventions to reduce the risks of reproductive disorders among susceptible worker populations.
*Victoria M. Pak, PhD; Martha Powers, MES; and Jianghong Liu, PhD*
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**Author Index**
**Subject Index**
**HEALTH UPDATES**
**Planning for Older Workers**
*Susan A. Randolph, MSN, RN, COHN-S, FAAOHN*

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## PAAOHN Annual Conference

Mark your calendars for the upcoming PAAOHN Annual Conference. The Pennsylvania Occupational Health Nurses Association (PAAOHN) is excited to announce the 52nd annual Pennsylvania Conference, to be held **March 26-28, 2014 at the Lancaster Marriott, Lancaster, PA**.

As an attendee you will have the opportunity to:

Earn **13** PA State and AAOHN approved **Continuing Education Credits**

**Network** with fellow occupational health providers with specialties in such areas as industry, health care, research, etc.

Interact with a variety of **vendors**, all whose specialty is occupational health

Meet and interact with the **PA Board of Directors** – let your opinion be heard

Do some great **shopping** at the outlets

**Eat** some terrific food at the neighboring restaurants

Help **support** Central Chapter cause – Wounded Warriors

**Rejuvenate** your spirit and desire to practice occupational health

**Explore** Pennsylvania Dutch Country and the Amish Heritage

Don't hesitate--space is limited! Review the agenda, complete the registration form, and be ready to have a terrific time. Find more information and links for registration on the website at http://www.paaohn.org/. Feel free to contact me with questions by e-mail at langyc@upmc.edu or by phone at (412) 337-6750.

Yolanda C. Lang
President, PAAOHN

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## AAOHN Welcomes New Members

AAOHN welcomes new members who joined in November 2013. Below are their names, listed with location and chapter.

Richard Armstrong, Houston, TX, South Central / Southwest
Cherri Arnold
Kamesha Baszile, MS, RN, CPN, FNP-C, Houston, TX, South Central / Southwest
Desiree Breech, BSN, RN, Tulsa, OK
Melissa Brennan, BSN, RN, Manassas, VA, Northern Virginia, Southeast
Marsha Brewster, AR, South Central / Southwest
Jean Burris, MN, North Central, North Central
Norma Carpenter, RN, Armagh, PA, Southwestern Pennsylvania, Northeast
Amy Chu, MSN, ARNP, Miami, FL, Ft. Lauderdale, FL, Southeast
Jake Crochet, Columbus, GA, Georgia Southeast, Southeast
Diana Donaldson, BSN, RN, Springfield, OH, Southwestern Ohio, South Central / Southwest
Annette Ellerhorst, RN, Amelia, OH, Southwestern Ohio, South Central / Southwest
Mary "Marlene" Elliott, BSN, RN, Cincinnati, OH, Southwestern Ohio, South Central / Southwest
Danielle Griffin, NE, North Central
Melissa Hasson, RN, Lititz, PA, Central Pennsylvania, Northeast
Diane Hutson, BSN, RN, Guilford, IN, Southwestern Ohio, South Central / Southwest
Jewel Johnson, MSN, RN, Pikesville, MD, Maryland Area, Southeast
Sara "Lynn" Jones, MSN, FNP-BC, Missouri City, TX, Houston, TX, South Central / Southwest
April LeBouef, BSN, RN, Raceland, LA, Greater New Orleans of LA, South Central / Southwest
Karen Lucas, RN, Fresno, CA, Mountain / Western
Dianne Mickler, RN, Cincinnati, OH, Southwestern Ohio, South Central / Southwest
Ronnie Moore, RN, COHN-S, CHC, BA, MDIV, ADN, Boothwyn, PA, Philadelphia, PA, Northeast
Joyce Rudenick, BSN, RN, MAHS, Stillwater, MN, North Central
LaRaye Rudicile, BSN, RN, Sugar Mountain, NC, North Carolina Foothills, Southeast
Marla Southern, RN, Corinth, MS, West Tennessee, South Central / Southwest
Garnette Stewart, RN, Roanoke, VA
Myrna T. Sulit, BSN, RN, Rego Park, NY, Greater New York, Northeast
Kathy A. Tracy, RN, Fairfield, OH, Southwestern Ohio, South Central / Southwest
Lauren A. Weber, Baton Rouge, LA, Louisiana Greater Baton Rouge, South Central / Southwest
Wesley Young, BSN, RN, Americus, GA, Columbus, GA, Southeast

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**Contact AAOHN National Office**
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