Occupational Health Nursing Across Borders: Practice, Protection, and Productivity

AAOHN®

2014 NATIONAL CONFERENCE

May 5–8, 2014 ★ Sheraton Dallas Hotel

Preconference: May 3–5 ★ Global Summit: May 4–5 ★ Exhibits: May 6–7

AAOHN 2014 NATIONAL CONFERENCE

Occupational Health Nursing Across Borders: Practice, Protection, and Productivity

The goals of the 2014 AAOHN National Conference are to…

- Feature current and cutting-edge best practices in the field of domestic and global occupational, safety, and environmental health nursing.
- Explore the latest technology and resources to improve the management of your occupational and environmental health and safety practice.
- Stimulate dialogue to advance the specialty of occupational, safety, and environmental health nursing.

GENERAL INFORMATION

Exhibitors. Representatives from a variety of companies will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for occupational, safety, and environmental health nursing. Your practice will benefit from having a productive relationship with industry representatives who can keep you informed of developments in technology, pharmaceuticals, software, publications, and other products and services for occupational, safety, and environmental health nursing.

Networking. A key benefit of attending the AAOHN Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits for conference participants.

Mentor. Attendees who have attended conference before are being asked to be an Ambassador to first time attendees. Ambassadors will be linked with a first time attendee and are being asked to contact first time attendees before or during the conference to welcome the first time attendee and answer any questions they may have.

Message Board. AAOHN will have a message board to facilitate networking. Bring your questions and ideas to post for responses by your colleagues. If you have a special interest, arrange to meet others with your interests. We encourage participants to post job listings on their message boards.

Registration and Information Desk. Hours are as follows:

Friday, May 2	5 – 7 p.m.
Saturday, May 3	6:30 a.m. – 5 p.m.
Sunday, May 4	7 a.m. – 5 p.m.
Monday, May 5	7 a.m. – 6 p.m.
Tuesday, May 6	7 a.m. – 6 p.m.
Wednesday, May 7	7 a.m. – 6 p.m.
Thursday, May 8	7 a.m. – 1 p.m.

Pick up your registration packet, name badge, class pocket schedule, conference program book, and obtain additional registration and conference information.

AAOHN staff will be happy to assist you by answering questions and accepting dues payments, applications for renewal, and new memberships.

Badges. Your official conference badge is included in your registration packet. Please return to the registration desk if you did not receive your badge. Badges are required for admission to most conference events.

- A blue badge indicates AAOHN members registered for the one-day or three-day conference proper; they may also have registered for preconference workshops.
- A yellow badge indicates non-members registered for the one-day or three-day conference proper only.
- A green badge indicates exhibitors with access to the Exhibit Hall only.
- An orange badge indicates media, spouse, or guest (see page 3).

NOTE: Brochure content is subject to change between now and the conference. Please look to the AAOHN website for updated content.

GENERAL INFORMATION

Continuing Education Certificates. Continuing nursing education (CNE) is awarded for conference comprehensive courses, workshops, practice exchange, plant tours, and concurrent and general sessions. To receive credit, each participant must attend the entire activity and complete the course evaluations online. Contact hours are automatically calculated and CNE certificate generated, for print, once all online evaluations have been completed by the participant.

Accreditation Statement With Disclosures. This continuing nursing education (CNE) conference is provided by the American Association of Occupational Health Nurses (AAOHN). AAOHN is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). An individual learner choosing to attend all preconference, general, and concurrent sessions can earn up to 32.5 continuing nursing education contact hours. Verification of attendance is conducted through registration for the event and completion of the online evaluation at the close of each session. The learner will attest to participation through documentation on the multi-session continuing education record. The planning committee members and program speakers have declared no conflicts of interest. Provision of this continuing education activity does not imply endorsement by the provider, ANCC, or any commercial products displayed in conjunction with this program. If pharmaceuticals are discussed, any off-label uses will be disclosed, as defined by the FDA.

Audio/Video Taping. No audio or video recording of any workshop or session is permitted without advance written permission from AAOHN and the presenter(s).

Spouses and Guests. Only registered conference participants with appropriate identification are admitted to educational activities. Business colleagues, friends, and family members (including spouses) are not allowed to enter workshop/session rooms or break areas.

Exhibit Hall Pass. Guests of any conference attendee must register at the AAOHN check-in area for an admittance pass to the AAOHN Exhibit Hall only. The fee is $175 per guest and includes food or beverage breaks. All those with an Exhibit Hall pass must wear an admittance badge in order to enter the Exhibit Hall and must be accompanied by a registered attendee or exhibitor at all times during their visit. No one under the age of 16 will be admitted.

Photography. On occasion, an AAOHN photographer may take photos of participants enrolled in programs, courses, or events, or people participating in conference activities. Please be aware that these photos are for AAOHN use only and may be included in future conference programs, catalogues, brochures, pamphlets, or other promotional materials.

Smoking in AAOHN Meeting Facilities. AAOHN has designated all conference activities as ***non-smoking***. This policy is strictly enforced; your compliance is appreciated.

Fragrance-Free Policy. Scents may trigger severe responses in those with chemical sensitivities (e.g., asthma, allergies, sinus problems, rhinitis, and migraine headaches). AAOHN encourages all men and women to avoid wearing scented personal care products (e.g., perfume, aftershave, scented lotions, fragranced hair products, and/or similar products) when attending this conference and activities associated with it. Thank you!

Child Care. Because only registered attendees are permitted in conference activities, please contact your hotel concierge to arrange any childcare needs you may have. Only registered attendees are permitted in conference activities. Children over the age of 16 may accompany a registered attendee into the conference exhibits but must have an Exhibit Hall pass in order to do so. The registration fee is $175 per guest and allows guests or children of conference registrants' entrance to the Exhibit Hall only. To secure an Exhibit Hall pass, please register at the AAOHN check-in area. All registered guests must be accompanied by a registered attendee or exhibitor at all times during their visit. No one under the age of 16 will be admitted.

Emergency Information. If you encounter an emergency situation, stop and listen for instructions from the trained personnel in the conference center or hotel. When traveling in groups, always set a meeting place in case of separation. Please share emergency contact information with all those within your group.

Hotel Emergency Procedures. It is always best to report a medical emergency to the Hotel Security/Safety Department. Please dial "0" from any house phone; security staff can then direct emergency personnel to the scene.

AAOHN 2014 Global Summit

The Summit is a unique opportunity for U.S. and international occupational health nursing educators, researchers, and practitioners. It is being offered concurrently with the AAOHN Preconference from Sunday, May 4, 2014, beginning at 7:30 a.m. through 11:45 a.m. on Monday, May 5, 2014. Summit attendees will earn 11.5 CNE for both days. Each day must be attended in its entirety in order to earn credit for the day.

The Summit brings together occupational healthcare professionals from around the world to meet about the profession of occupational health nursing and its impact on worker health. The timing, immediately prior to the start of the AAOHN National Conference, provides attendees with the scheduling flexibility to participate in both. Those attending the Summit will also attend the Conference Opening Keynote with Dan Buettner. For a detailed schedule of events, list of speakers and to register for the Summit, please go to ***http://www.aaohn.org/conference/2014-global-summit/brochure.html***

PROGRAM AT A GLANCE

SUNDAY, MAY 4, 2014

7:30 – 8 a.m. ..... Continental Breakfast

8 – 8:15 a.m. ..... Summit Opening and Welcome
Pam Carter, RN, COHN-S, FAAOHN

8:15 – 9 a.m. ..... New Opportunities to Impact Health and Wellbeing Across Your Business
Eileen McNeely, PhD, MS, RNC

9 – 9:45 a.m. ..... A Review of Evidence-based Occupational Health Service Models in England
Helen Kirk, MA, BSc(Hons) BA, RN, RM, SCPHN

9:45 – 10:15 a.m. ..... Coffee Break and Networking

10:15 – 11 a.m. ..... Inter-Country Partnerships in Asia to Promote the Advancement of Occupational Health Nursing
Butch de Castro, PhD, MSN/MPH, RN
Orawan Kaewboonchoo, PhD, Thailand
Eularito "Larry" Tagalog, RN, COHN, Philippines
Kazuko Nishida, MS, Japan

11 – 11:45 a.m. ..... Global Health Scorecard Toolkits for Non-Smoking Campus, Stress Management Training and Health Fairs
Aine Scully, MBA, H.Dip. in OHS&H, RN
Letha Smith, MS, RN, COHN-S

11:45 a.m. – 12:30 p.m. ..... Resilience: Enhancing Human Performance Globally
Dana Werner, BSN, RN, CBES, CCM, COHN-S

12:30 – 1:45 p.m. ..... Buffet Lunch and Networking

1:45 – 2:30 p.m. ..... Shrinking Globe, Growing Risks: Addressing Travel Health Issues Faced by Employees
Mary Pesch, MPH, MSN, RN, FNP-BC
Megan Ruckert, BSN, RN, COHN-S

2:30 – 3:15 p.m. ..... Past, Present, and Future of OHN Practice in Hungary and New Zealand
Henriett Hirdi, PhD
Janice Riegen, RN, BN, PGDipHSc, MHSc

3:15 – 3:45 p.m. ..... Coffee Break and Networking

3:45 – 4:45 p.m. ..... Vulnerable Populations: Health and Safety Strategies for a Global Workforce
Dawn Stone, PhD(c), RN, ANP, COHN-S
Barbara Burgel, PhD, RN, COHN-S, FAAN, FAAOHN
OiSaeng Hong, PhD, RN, FAAN
Salah Azad, PhD

5 – 5:30 p.m. ..... Poster Sessions

5:30 – 6 p.m. ..... Innovative Solutions for Global Health & Poverty
Eric Bing, MD, MS, MPH, MBA • AAOHN Fellows invited.

6 – 7 p.m. ..... Global Summit Attendees and AAOHN Fellows Reception
Pharmacy on a Bicycle, book signing by Dr. Bing
Supported by MWV MeadWestvaco Foundation

6 – 7 p.m. ..... Poster Sessions Open

MONDAY, MAY 5, 2014

7:30 – 8 a.m. ..... Continental Breakfast

8 – 8:30 a.m. ..... Scientific Committee on Occupational Health Nursing Session
Louwna Pretorius, RN, B Soc Sc Hon
Susan Randolph, MSN, RN, COHN-S, FAAOHN

8:30 – 9 a.m. ..... Harmonizing Medical Case Management Programs Across Borders
Euzelia Hunter, MPH, RN, COHN-S/CM
Mika Tagami, Reg.NS, PHN, OHN, RN

9 – 9:30 a.m. ..... Nurse-led Educational Campaign to Reduce Risk of Needle Sticks Injuries at Muhimbili National Hospital in Dar Es Salaam Tanzania
Millen Charles Ringo, MSc, BSc, RN

9:30 – 10 a.m. ..... Coffee Break & Networking

10 – 10:45 a.m. ..... Occupational Health Nursing Practice Models in South Africa
Louwna Pretorius, RN, B Soc Sc Hon
Kim Davies, RN, RM, RCN, RPH

10:45 – 11:30 a.m. ..... Leading for Occupational Health — A Perspective on Global Implementation to Local Execution
Tara O'Leary, BSN, RN, COH-N

11:30 – 11:45 a.m. ..... Transitioning to Conference
Pam Carter, RN, COHN-S, FAAOHN, AAOHN President

12 – 2 p.m. ..... Lunch on Your Own

2 – 3 p.m. ..... Summit Closing and Conference Opening Keynote
Blue Zone – Dan Buettner

11.5 CNE will be awarded for the entire Summit

The American Association of Occupational Health Nurses, Inc., is an Approved Provider of continuing nursing education by the American Association of Occupational Health Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The American Association of Occupational Health Nurses, Inc. is additionally approved as a CNE provider by the California Board of Registered Nursing (#CEP9283).

PROGRAM AT A GLANCE

FRIDAY, MAY 2, 2014

8 a.m. – 4:30 p.m. ..... Board Forum

5 – 7 p.m. ..... Registration

6 – 8 p.m. ..... Board of Directors Reception

Preconference

SATURDAY, MAY 3, 2014

6:30 a.m. – 5 p.m. ..... Registration

7 – 8 a.m. ..... Continental Breakfast

8 a.m. – 4 p.m. ..... Board Meeting

8 a.m. – 4 p.m. ..... Comprehensive Courses, Day 1

[101] COHN/S Certification Exam Review – 2½ days
Annette Haag, MA, RN, COHN-S/CM, FAAOHN

[102] AAOHN Certificate in Occupational Health Nursing Course – 2½ days
Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Debra Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

[103] Occupational Ergonomics – 2½ days
Tim McGlothin, MS, CPE

[104] NIOSH Spirometry for the Occupational Health Professional – 2 days (8 a.m. – 5 p.m.)
Rebecca Moreland, PhD, MPH, BSN, BSH
Henry Guevara, PhD, MPH, RN, COHN-S/CM, FAAOHN
Jeana Payne, MSN, BSN, RN, COHN-S, CM
Sponsored by ndd Medical Technologies, Inc.

[105] Leading a Sustainable Worksite Wellness Strategy: Creating Organization and Individual Well-Being – 2 days
Karen Mastroianni, EdD, MPH, COHN-S, FAAOHN

[106] OSHA 10-Hour General Industry – 2 days
Scott Harris, PhD, MSPH
Jonathan Jacobi, CSP

[107] Updates in Occupational Health Nursing: Strategies for Addressing Workplace Health Issues – 2 days
Sherry M. Bumpus, PhD, FNP-BC

8 a.m. – 5 p.m. ..... Full-Day Workshops

[108] DOT Medical Examiner Training – 1 day
Karen Heaton, PhD, CEN, FNP-BC
Lucinda Stinson, MSN, RN, ANP, COHN-S/CM

[109] Certified Professional Collector Training Course (CPCT)/ Drug Alcohol
Sherri Vogler, BA, RN, CPCT

[110] CAOHC Re-Certification Course – 1 day
Sarah E. Ervin, AuD, CCC-A
Diane S. DeGaetano, BSN, RN, COHN-S, COHC, FAAOHN

[111] NSHC's Coach Clinic (8 a.m. – 4 p.m.)
Colleen Miller, BS, RN, CSBC
Jacqui Bryan, MSN, BA, RN, CHC

8 – 11:30 a.m. ..... Morning Workshop

[112] The Era of Electronic Health Records: Standardized Language and Informatics in Occupational Health Settings
Madeline Kerr, PhD, RN
OiSaeng Hong, PhD, RN, FAAN
Karen A. Monsen, PhD, RN, FAAN

1 – 4:30 p.m. ..... Afternoon Workshop

[113] Strategies for Success
Margaret Manuszak, MSN, RN, COHN-S/CM, FAAOHN

SUNDAY, MAY 4, 2014

7 a.m. – 5 p.m. ..... Registration

7 – 8 a.m. ..... Continental Breakfast

8 a.m. – 4 p.m. ..... Comprehensive Courses, Day 2

[201] COHN/S Certification Exam Review – 2½ days
Annette Haag, MA, RN, COHN-S/CM, FAAOHN

[202] AAOHN Certificate in Occupational Health Nursing Course – 2½ days
Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Deb Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

[203] Occupational Ergonomics – 2½ days
Tim McGlothin, MS, CPE

[204] NIOSH Spirometry for the Occupational Health Professional – 2 days (8 a.m. – 5 p.m.)
Rebecca Moreland, PhD, MPH, BSN
Henry Guevara, PhD, MPH, MSN, RN, COHN-S/CM, FAAOHN
Jeana Payne, MSN, RN, COHN-S
Sponsored by ndd Medical Technologies, Inc.

[205] Leading a Sustainable Worksite Wellness Strategy: Creating Organization and Individual Well-Being – 2 days
Karen Mastroianni, EdD, MPH, BSN, COHN-S, FAAOHN

[206] OSHA 10-Hour General Industry – 2 days
Scott Harris, PhD, MSPH
Jonathan Jacobi, CSP

[207] Updates in Occupational Health Nursing: Strategies for Addressing Workplace Health Issues – 2 days
Sherry M. Bumpus, PhD, FNP-BC

8 a.m. – 4 p.m. ..... Full Day Workshops

[208] A Practical Approach to Neuro-Musculoskeletal Assessment
Melody Rasmor, EdD(c), FNP, COHN-S
Sarah Kooienga, PhD, RN, FNP

[209] What to Do First: Risk Assessment: From Disaster Preparedness to JHAs
Mary Gene Ryan, MPH, BSN, RN, CSP, COHN-S/CM, CSP, FAAOHN

[210] NIOSH-Approved Spirometry Refresher
Kim Gordon, MSN, MA, RN, COHN-S, FAAOHN

[211] Determining Clinical Staffing Needs in the Occupational Clinic
Nicole Shaffer, DNP, CRNP-BC, COHN-S, FAAOHN

8 – 11:30 a.m. ..... Morning Workshop

[212] Pharmacology Fun—Agents We Use and Abuse
Muthanna Saraireh, MD
Jhonny Ordonez, MD
Nancy Onisko, DO

PROGRAM AT A GLANCE

1 – 4:30 p.m. ..... Afternoon Workshops

[213] Supercharged Cost Drivers
Kevin Glennon, BSN, RN, CDMS, CWCP, QRP

[214] Tobacco Use and Dependence: Increasing Access to Treatment and Utilization of Services
Jennifer Packard, MA, TTS

5 – 6:30 p.m. ..... Fellows Meeting and Reception and Global Summit Reception

MONDAY, MAY 5, 2014

7 – 6 p.m. ..... Registration

7 – 8 a.m. ..... Continental Breakfast

8 – 11:30 a.m. ..... Comprehensive Courses, Half-Day

[301] COHN/S Certification Exam Review – 2½ days
Annette Haag, MA, RN, COHN-S/CM, FAAOHN

[302] AAOHN Certificate in Occupational Health Nursing Course – 2½ days
Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Deb Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

[303] Occupational Ergonomics – 2½ days
Tim McGlothin, MS, CPE

8 – 11:30 a.m. ..... Morning Workshops

[304] Respirator Selection, Fitting, and Care
J. Pat Currin, CIH

[305] Psychiatric Fitness for Duty Examinations: Tools for Assessing Risk
Melissa LeBlanc, BSN, RN, CCM, COHN-S
Donald L. Sherak, MD

[306] Writing for Publication: From Pen to Press
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Pamela V. Moore, EdD, MPH, RN, FAAOHN
Sponsored by the AAOHN Foundation

[307] Journey to Excellence in Occupational Health: A Tour of Best Practices
Donna Ferreira, ANP, MS, COHN-S, FAAOHN
April Teusch, RN, ACLS, TNCC

[308] ADA: Are You in Compliance?
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN

[309] Demonstrating Value: ROI and Other Techniques
Karen Mastroianni, EdD, MPH, COHN-S, FAAOHN

[310] I'm an OHN Now: So What Do I Do? Basic Occupational Health Nursing
Jeannie Hanna, MSN, RN, COHN-S, FAAOHN
Debbie W. Bush, RN, COHN-S/CM

[311] Healthcare Reform and Its Impact on Care Management
Lisa Wargofchik, MS

[312] Occupational Health Nurse Legislation 101
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN

[313] Construction Industry Safety Tours
Grace Paranzino, EdD, RN, CHES, FAAOHN
Jorge Balderas
Mario Ontiveros
Jaime Pérez

[314] Risk Assessment Safety Tour: AT&T Dallas Cowboys Stadium
Mary Gene Ryan, MPH, BSN, RN, CSP, COHN-S/CM, FAAOHN

8 – 11:30 a.m. ..... Special Offering

AT&T Dallas Cowboys Stadium Tour

Conference

MONDAY, MAY 5, 2014

7 a.m. – 6 p.m. ..... Registration

1 – 1:45 p.m. ..... New Member Orientation First Time Attendees

2 – 3 p.m. ..... Opening Session

[316] *The Blue Zones* Dan Buettner
Sponsored by Healthways, Inc.

3:15 – 4:15 p.m. ..... Practice Exchange

Case Management (317)	Health/Wellness (322)
Consulting (318)	Hospital/Healthcare (323)
Corporate (319)	Nurse Practitioner/Clinical (324)
Educator (320)	Safety/Environment (325)
Government/Military (321)	LPN (326)

4:30 – 5:30 p.m. ..... Plenary Session

[327] What the Affordable Care Act Means for Employer-Sponsored Health Coverage: Its Impact on Employers and Employees in 2014 and Beyond
Steven Wojcik, MS

5:30 – 6:30 p.m. ..... Opening Reception

Be sure to check out the AAOHN Foundation Silent Auction which will be conducted during the Opening Reception.

TUESDAY, MAY 6, 2014

7 a.m. – 6 p.m. ..... Registration

7 – 8 a.m. ..... Continental Breakfast

7 – 7:45 a.m. ..... Laughter Yoga an AAOHN Foundation Event
Sponsored by Healthways, Inc.

8 – 9 a.m. ..... Keynote Session

[328] Occupational Health Nursing: Emerging Opportunities With the ACA
Linda McCauley, PhD, RN, FAAN, FAAOHN

8 a.m. – 12 p.m. ..... Poster Set-Up

9:15 – 10:45 a.m. ..... Concurrent Session 1

[400] The A3 Process: A Strategy for Problem-Solving in Occupational Health
Track: Business Management
Grace Paranzino, EdD, RN, CHES, FAAOHN

[401] Integration of Ergonomics and Wellness: A Powerful and Needed Combination for Today's Unique Workforce
Track: Wellness/Health Promotion & Safety
Jill Kelby, PT, CEA

[402] Workers' Compensation Claims—Are They Real?
Track: Case Management
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN

PROGRAM AT A GLANCE

[403] Implementation of the EHR in the Occupational Health Setting
Track: Clinical Practice & Business/Management
Joanna Krasinski, MSN, ANP-BC, COHN-S

[404] Handy Approaches to Managing Hand Injuries
Track: Clinical Practice
Donna Ferreira, MS, ANP, COHN-S, FAAOHN
Golda Sobal, MSPAS, MPH, PA-C

[405] Challenges in Moving Forward With 21st Century Occupational and Environmental Health Nursing
Track: Thought Leadership
Facilitator: David Allcott, MSN, APRN, ANP-BC, COHN-S, COHC
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN
Linda McCauley, PhD, RN, FAAN, FAAOHN
Joy Wachs, PhD, RN, FAAOHN

11 a.m. – 12:30 p.m. ..... Concurrent Session 2

[406] A Day in the Life of a Medical/Research Center Occupational Health Professional: Infectious Disease Exposure Reviews
Track: Nurse Practitioner & Clinical Practice & Hospital/Healthcare
Yolanda C. Lang, DrPH, MSN, CRNP, COHN, FAAOHN

[407] Exceeding Expectations—It Requires Competence
Track: Business/Management & Nurse Practitioner
Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN

[408] Evidence-Based Practice: Challenges of OHN Practice
Track: Thought Leadership
Mei Ching Lee, PhD, RN

[409] Nursing Advocacy and Law
Track: Legislation/Regulation
Anne Rhodes, JD, MA, RN

[410] The Nuts and Bolts of Job Accommodation and the ADA
Track: Disability/Case Management & Regulation/Compliance
Anne Hirsh, MS

[411] America's Heroes: What the OHN Needs to Know About Caring for Military Veterans
Track: Clinical Practice
Jennan A. Phillips, PhD, MSN, RN • Cynthia Selleck, PhD, RN, FNP

12:30 – 2:00 p.m. ..... Lunch and Learn

You and the Flu: A Case Study and Discussion on Employee Influenza Vaccination
Sponsored by Axion Health
https://www.eventbrite.com/e/you-and-flu-a-case-study-discussion-on-employee-vaccination-programs-tickets-10618164215

2 – 3:30 p.m. ..... Concurrent Session 3

[412] Understanding and Responding to Emerging Global Health Risks and Trends
Track: Clinical Practice & Global & Travel Health
Patrick Deroose, RN • Jane Poulton, BSN, RN

[413] Heavy Metals: More Than Just Rock Music
Track: Safety/Environmental & Nurse Practitioner & Clinical Practice
Kapil Sharma, MD • Jakub Furmaga, MD

[414] When You Snooze, You DON'T Lose! Sleep and Sleep Disorders
Track: Nurse Practitioner & Clinical Practice & Wellness/Health Promotion
Kathleen Buckheit, MPH, COHN-S/CM/SM, FAAOHN
Judy Ostendorf, MPH, COHN-S, CCM, FAAOHN

[415] 20 Years of Success: What You Need to Know for Your Wellness Initiative
Track: Wellness/Health Promotion
Pamela Carver, CRNP • Jennan A. Phillips, PhD, MSN, RN

[416] Safety: What's Health Got to Do With It?
Track: Safety/Environmental & Wellness/Health Promotion
Deborah Fell-Carlson, MSPH, RN, COHN-S, HEM

[417] The Role of APRNs in Screening for Pre-Diabetes in the Workplace and Effects of Early Lifestyle Changes
Track: Nurse Practitioner & Clinical Practice
Tracie Kirkland, DNP, APRN-BC, ANP, PNP

3:30 – 4:30 p.m. ..... Poster Viewing

4:30 – 7:30 p.m. ..... Conference Exhibit/Ribbon Cutting and Reception With Exhibitors

WEDNESDAY MAY 7, 2014

7 a.m. – 6 p.m. ..... Registration

7:30 – 8:45 a.m. ..... Breakfast and Awards Recognition

9 – 10:30 a.m. ..... Annual Business Meeting

10:30 – 11 a.m. ..... Break With Exhibitors

11 a.m. – 12 p.m. ..... Catherine Dempsey Lecture

[500] The Future of Occupational and Environmental Health Nursing: Challenges and Opportunities Synopsis
Mary K. Salazar, EdD, RN, FAAN, FAAOHN
Sponsored by Johnson & Johnson

12 – 1 p.m. ..... Lunch With Exhibitors

1 – 2:30 p.m. ..... Concurrent Session 4

[501] Leadership: Lessons Learned Along the Way
Track: Management/Business
Susan Randolph, MSN, RN, COHN-S, FAAOHN

[502] Beyond Workers' Compensation: The Implications of Medical Marijuana in the Workplace
Track: Disability Case Management & Clinical Practice
Linda Gifford-Meuleveld, RN, COHN-S, CCM, CODM, FAAOHN
Christina Murrell, BSN, RN

[503] Managing the Complexities of Injured Workers Living in Large Bodies
Track: Safety/Environmental & Clinical Practice & Disability Case Management
Deborah L. Fell-Carlson, MSPH, RN, COHN-S, FAAOHN

[504] Fit to a T
Track: Wellness/Health Promotion
Mary Gene Ryan, MPH, BSN, RN, CSP, COHN-S/SM, FAAOHN

[505] Implementing the Safe Patient Handling and Mobility National Standards
Track: Healthcare/Hospital & Safety/Environmental
Jaime Dawson, MPH
Susan Gallagher, PhD, RN

[506] Global Perspective of US Health: Shorter Lives, Poorer Health
Track: Global & Wellness/Health Promotion
Alma Jackson, PhD, RN, COHN-S

2:30 – 3 p.m. ..... Break With Exhibitors

3 – 4:30 p.m. ..... Concurrent Session 5

[507] Power Metrics for Occupational Health
Track: Business/Management
Sharon Kemerer, MSN, RN, COHN-S/CM
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Jeannie Hannah, MSN, RN, COHN-S, FAAOHN
Wolf Kristin, MSc

PROGRAM AT A GLANCE

[508] Motivation Innovation: The Latest on Carrots Vs. Sticks
Track: Management/Business & Wellness/Health Promotion
Don Powell, PhD

[509] Work and Human Reproductive Health
Track: Safety/Environmental
Wendie Robbins, PhD, FAAN, RN

[510] Crossing Virtual Borders: Assisting Nurses in Using the Internet for Personal and Professional Needs
Track: All Occupational Health Nurses
Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN
Debra M. Wolf, PhD, MSN, RN

[511] DOT Medical Examinations: Challenges and Conundrums
Track: Nurse Practitioner & Clinical Practice
Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN

[512] Musculoskeletal Disorders, Shift Work, Coping Strategies in Nurses Around the World: How to Study Complex Issues?
Track: Global & Business/Management & Healthcare/Hospital
Susan Katz-Sliski, DNP, RN, CCM • Debra Welsh, MSN, RN

4:30 – 5:30 p.m. ..... Committee Meetings
5:30 – 7:30 p.m. ..... ABOHN Reception

THURSDAY, MAY 8, 2014

7 a.m. – 1 p.m. ..... Registration
7 – 8 a.m. ..... Continental Breakfast
7:30 – 9:30 a.m. ..... Chapter President's Session
Breakfast will be provided from 7:30 - 8:00 a.m.

8 – 9:30 a.m. ..... Concurrent Session 6

[600] Occupational Health Nursing (OHN) Around the World
Track: Management/Business & Global Nursing
Facilitator: Susan Katz Sliski, DNP, RN, CCM
Tara O'Leary, BSN, RN, COHN-N
Helen Kirk, MA, BSc(Hons) BA, RN, RM, SCPHN
Kim Davies, RN, RM, RCN, RPH • Wolf Kirsten, MSc

[601] Confidentiality of Employee Medical Information: Legal and Ethical Aspects
Track: Regulation/Compliance & Career/Professional Development
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN

[602] Pharmacology Update—Use and Abuse
Track: Nurse Practitioner & Clinical Practice
Kurt Kleinschmidt, MD, FACEP, FACMT • Adebisi Obafemi, MD

[603] Which Vaccines Do Adults Need?
Track: Clinical Practice & Wellness/Health Promotion
Robert Leggiadro, MD
Nicole Shaffer, DNP, CRNP-BC, COHN-S, FAAOHN

[604] Trans-Cultural Nursing—Its Importance for the Occupational Health Nurse and a Culturally Diverse Workplace
Track: Clinical Practice & Global
Chad Rittle, DNP, MPH, BSN

[605] Laughter Is the Best Medicine: A Fun, Interactive Approach for Stress Reduction
Track: Wellness/Health Promotion
Gene Haynes

[620] Chapter President's Session

10 – 11:30 a.m. ..... Concurrent Session 7

[606] Development of Respiratory Protection Competencies and Training Modules for Occupational Health Nurses
Track: Safety/Environmental & Clinical Practice
Candace Burns, PhD, ARNP • Lisa Pompeii, PhD, RN
Debra Novak, PhD, RN

[607] Case Management Systems: Using Multiple Strategies to Optimize Results
Track: Disability Case Management
Sharon Kemerer, MSN, RN, COHN-S/CM

[608] Hot Topics
Track: All Occupational Health Nurses
Facilitator: Mary Gene Ryan, MPH, BSN, RN, CSP, COHN-S/SM, FAAOHN
Kathleen Golden McAndrews, DNP, MSN, ANP, COHN-S, CCM, FAAOHN, FAANP
Margaret Manuszak, MS, RN, COHN-S/CM, FAAOHN
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN

[609] Successful Implementation of an Onsite Health Center
Track: Management/Business
Juanita Kantner, MS, RN, COHN-S
Tom Neville, MHA • Karen O'Hara, BS

[610] Health and Safety of America's Agricultural Workforce 100
Track: Business/Management & Consulting & Clinical Practice
Deborah Reed, PhD, MSPH, RN

[611] The New Paradigm and the DOT SAP Return-to-Duty Process
Track: Safety/Environmental & Nurse Practitioner & Clinical Practice
Terra Vellema, BSN, RN • Laura Dasher, VSW, LCSW, SAP

11:45 a.m. – 12:45 p.m. ..... Closing Session

[612] Transformation of Workplace Wellness Into a Total Health Strategy
Dee Edington, PhD

LAUGHTER YOGA - AAOHN Foundation Event

Tuesday, May 6, at 7 – 7:45 a.m.

Laughter Yoga is one of the fastest growing health and fitness practices in the world. Since the first Laughter Yoga classes held 17 years ago, the movement has grown to 70 countries and millions of practitioners. By simply clapping, breathing, stretching, and best of all, laughing, people of all ages and fitness abilities can cultivate more joy and laughter into their lives-and receive all the health benefits of "the best medicine." No experience or equipment is needed; a willingness to laugh is the only prerequisite. When that choice to laugh is made it's an instant vacation for your serious mind and relaxation and letting go are the immediate result. The benefits of Laughter Yoga are nothing short of amazing—if you are healthy, it helps you stay that way. If you are sick, it helps you heal. It elevates your mood, and reduces stress in the workplace. Even more importantly, Laughter Yoga improves the net supply of oxygen so all vital organs can function better. It's energizing and also connects people in a special way. It is the one exercise practice which reduces physical, mental, and emotional stress at the same time. It promotes a positive attitude, hope, and optimism. ***Sponsored by Healthways, Inc.***

FEATURED SPEAKERS

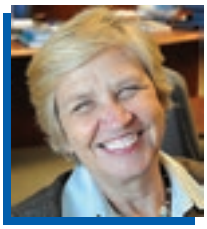
Opening Speaker: DAN BUETTNER

Dan Buettner is a *National Geographic* Fellow and *New York Times* best-selling author. His books *The Blue Zones: Lessons for Living Longer from the People Who've Lived the Longest* (2008) and *Thrive: Finding Happiness the Blue Zones Way* (2010) appeared on many best seller lists and were featured on Oprah.

In 2009, Buettner and AARP applied principles of *The Blue Zones* to Albert Lea, Minnesota, and successfully raised life expectancy and lowered healthcare costs by some 40 percent. Now working with Healthways to implement the program in multiple communities and workplaces, Buettner's strategy focuses on optimizing the health environment.

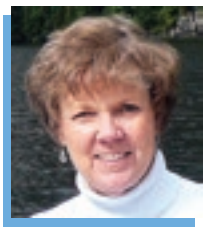
Plenary Speaker: STEVEN WOJCIK, MS

Steven Wojcik is vice president of Public Policy for the National Business Group on Health. He is responsible for developing and coordinating the Business Group's position and strategy on federal legislative and regulatory issues impacting health benefits for large employers, providing information and analysis on best practices, conveying concerns of large employers as purchasers of health care to Capitol Hill, the Administration other policymakers and the media, and keeping members informed of policy developments in Washington. He has over 25 years of experience in health policy development, analysis and research, government relations, and public affairs. Prior to joining the Business Group, he held similar positions for two large insurers in California and has an extensive background in healthcare financing policy.



Keynote Speaker: LINDA MCCAULEY, PhD, RN, FAAN, FAAOHN

Linda McCauley, PhD, RN, FAAN, FAAOHN, is currently Dean of the Nell Hodgson Woodruff School of Nursing at Emory University. A member of the Academy of Nursing and Institute of Medicine, Dr. McCauley speaks frequently on the roles that nurses play in the healthcare crisis facing our nation. With more than 25 years of occupational and environmental health nursing experience, she is particularly knowledgeable about the challenges and opportunities available for nurses in the implementation of the Affordable Care Act.



Catherine Dempsey Speaker: MARY K. SALAZAR, EdD, RN, FAAN, FAAOHN

Mary K. Salazar, EdD, RN, FAAN, FAAOHN, is a Professor Emeritus at the University of Washington School of Nursing in Seattle, WA. She served as the program director for the Occupational and Environmental Health Nursing program for more than 15 years. She has consulted and presented papers nationally and internationally on issues and topics related to occupational health nursing. Her extensive publications include more than 60 journal articles, ten book chapters and multiple newsletter articles and professional reports. She also served as editor for three editions of the *Core Curriculum for Occupational and Environmental Health Nursing*. Dr. Salazar is an AAOHN Fellow as well as a Fellow in the Academy of Nursing.

Closing Speaker: DEE EDINGTON, PhD

Dee Edington, PhD, is the founder and Chairman of Edington Associates, LLC. He is also the founder and professor of the University of Michigan Health Management Research Center. Dr. Edington's research focuses on the precursors of disease and vitality. His interest is in the relationships between healthy lifestyles, vitality, and quality of life as they benefit both individuals and organizations. He is specifically interested in how individual health management, worksite wellness activities, and programs within organizations impact healthcare cost containment, productivity, and human resource development. He is the author or co-author of over 800 articles, presentations, and several books.

PRECONFERENCE SESSIONS

Comprehensive Courses, Day 1

Saturday, May 3 .....8 a.m. – 4 p.m.

COHN/S Certification Exam Review [101] – 2½ days

Annette Haag, MA, RN, COHN-S/CM, FAAOHN

Using a take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses' (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services and staff; clinical care, partnerships and relationships, coaching, worker advocacy, and roles such as change agent; plus health protection, health promotion, health education, and research implication for practice. To better prepare you for the certification exam, there will be written tests prior to, during, and at the conclusion of the sessions. *Note: Taking this course does not certify you. You must still sit for the exam*.

Objectives: Define the elements of occupational and environmental health nursing, evidence-based practice, and management roles in a business environment. Cite legal issues and standards, and mandated health and safety programs. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching and condition management program design. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examinations.

AAOHN Certificate in Occupational Health Nursing Course [102] – 2½ days

Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Debra Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

This 2½-day course partially satisfies the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. *Other requirements include completion of the* AAOHN Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching.* This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense "brush-up." *Note: This is not an ABOHN certification exam review course.*

Objectives: Recognize key terms. Describe the evolution of OHN and its conceptual framework. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety. Name the legal and ethical issues that impact OHN practice, including OSHA, HIPAA, FMLA, ADAA, safety management systems, etc. List worker populations and how their presence impacts programming. Describe how to gather metrics and create a business plan. Discuss medical records, electronic medical data, security, telemedicine, social media, and mobile health. Define risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a safety program.

Occupational Ergonomics [103] – 2½ days

Tim McGlothin, MS, CPE

This 2½-day course is an introduction to ergonomic principles and addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis techniques, developing appropriate control measures, and design criteria. This workshop prepares you to conduct ergonomic assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). The course mixes lecture and laboratory to allow you to apply techniques.

Objectives: Define ergonomics and its importance. Describe MSDs, their symptoms, how to assess them, and examples. Identify risk factors and how to prioritize jobs based upon risk factors, injury data, and interviews with employees/supervisors Explain the importance of working in neutral postures and how it affects fatigue. Use the Rapid Upper Limb Assessment to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the lower back. Use teams to develop intervention strategies for the reduction of WMSD risk factors.

NIOSH Spirometry for the Occupational Health Professional [104] – 2 days (8 a.m. – 5 p.m.)

Rebecca Moreland, PhD, MPH, BSN
Henry Guevara, PhD, MSN, MPH, RN, COHN-S/CM
Jeana Payne, MSN, BSN, RN, COHN-S

This 2-day course is approved by the National Institutes for Occupational Safety and Health (NIOSH) and is appropriate for health professionals seeking to perform accurate, quality pulmonary function tests in occupational and/or clinical settings. In the course, you will receive classroom instruction, practicum workshops, and hands-on experience with spirometry testing, quality control, and calibration with an emphasis on the ATS/ERS Guidelines and a review of the ACOEM recommendations. You will get practical applications for spirometry reference values, interpretation, avoidance of errors, and clinical applications. Upon successful completion, you will be awarded a certificate documenting your ability to perform spirometry, valid for five years. This is the Initial Spirometry Course and not a refresher training. The course will accommodate 18 participants and is available on a first-come, first-served basis.

Objectives: Apply standardized methods to obtain acceptable and repeatable spirograms. Perform calculations for basic spirometric parameters. Describe specific spirometric test parameters and their significance. Discuss appropriate quality assurance procedures related to spirometric performance and equipment. Identify the common errors and their impact on test results. Describe the applications, strengths, and limitations of spirometry in the occupational health setting.

Sponsored by ndd Medical Technologies, Inc.

PRECONFERENCE SESSIONS

Leading a Sustainable Worksite Wellness Strategy: Creating Organization and Individual Well-Being [105] – 2½ days

Karen Mastroianni, EdD, MPH, COHN-S, FAAOHN

Well employees working within a healthy culture are essential components for business success. This 2-day workshop will provide the information and tools needed to plan and lead a strategic wellness program based on all determinants for well-being. You will obtain knowledge, information, and resources to confidently plan and evaluate a program that meets the needs of the organization or the amount budgeted for wellness initiatives. Topics include the most current information and resources, an overview of behavior change models and models for a healthy company, the essential steps in planning a successful program, and current components for sustainable well-being.

Objectives: Discuss current guidelines for sustainable worksite wellness strategies. Describe sustainable organizational and individual well-being.

OSHA 10-Hour General Industry [106] – 2 days

Scott Harris, PhD, MSPH
Jonathan Jacobi, CSP

Delivered by OSHA-authorized instructors, this course will familiarize you with general industry OSHA standards applicable to your facility, while focusing on hazard recognition and prevention. Special emphasis will be placed on those areas that are the most hazardous, using OSHA standards as a guide. You will also hear the latest information on OSHA inspections, penalties, and emphasis programs. The content and level of instruction are suitable for all audiences, including occupational and environmental health nurses (OHNs) who work in healthcare and manufacturing settings. Attendees who successfully complete the course will receive an OSHA 10-hour completion card and their own comprehensive OSHA Standards Manual that includes up-to-date amendments and a Letter of Interpretation. Note: This class will be capped at 30 on a first-come, first-served basis.

Objectives: Identify the OSHA standards applicable to the industrial setting, including those of interest to OHNs in hospitals and healthcare. Complete OSHA requirements for a completion card.

Updates in Occupational Health Nursing: Strategies for Addressing Workplace Health Issues [107] – 2 days

Sherry M. Bumpus, PhD, FNP-BC

This 2-day course is designed to update you regarding the assessment, intervention, and evaluation of common problems encountered in the workplace. Topics include chest pain, respiratory ailments, head injuries, penetration/foreign body injuries, musculoskeletal strains and sprains, skin lacerations, thermal injuries, and mental health. The program includes introductory ergonomics principles so you can identify the work-related risk factors of musculoskeletal disorders and recommend basic workplace changes. Discussion points include: components of workplace wellness programs, appropriate treatment regimens and referral guidelines, current evidence-based guidelines for managing emergent conditions, and the treatment of occupational health conditions in the presence of existing co-morbid conditions. Documenting the plan of care will also be covered.

Objectives: Discuss common musculoskeletal injuries, such as lower back pain, repetitive motion injuries, ankle sprain, and shoulder injuries. Identify workplace risk factors associated with musculoskeletal disorders. Discuss current assessment, treatment, and evaluation guidelines for concussions and headaches. Identify current assessment, treatment, and evaluation guidelines for the management of selected dermatological traumas. Compare and contrast emergent and non-emergent chest discomfort. Describe current management practices and medical guidelines in selected common occupational health respiratory conditions. Discuss the emergent care in penetration injuries. Discuss the signs of depression and anxiety, screening, assessment, intervention, referral, and follow-up. Discuss worksite wellness programs.

Full Day Workshops

Saturday, May 3 .....8 a.m. – 5 p.m.

DOT Medical Examiner Training [108] – 1 day

Karen Heaton, PhD, CEN, FNP-BC
Lucinda Stinson, MSN, RN, ANP, COHN-S/CM

This 8-hour certificate course meets the core curriculum requirements for medical examiner training, according to the Federal Motor Carrier Safety Administration (FMCSA). Content will follow the core curriculum with a focus on body systems and FMCSA documentation and restriction guidelines. Upon satisfactory completion of this program, those eligible to serve as examiners will be prepared to sit for the National Registry of Certified Medical Examiners (NRCME) certification examination.

Objectives: Discuss performing and documenting the medical history and examination, including additional diagnostic tests. Describe FMCSA reporting and documentation requirements. Define ways of educating, informing, coaching, and referring drivers who have non-disqualifying conditions.

Certified Professional Collector Training Course (CPCT)/Drug Alcohol [109]

Sherri Vogler, BA, RN, CPCT

This session is designed to give you resources and training tools so you can develop a program and train collection personnel for DATIA certification in DOT and federal urine collections for workplace drug testing. You will learn how to teach others to perform the tests in a professional and consistent manner, maintaining confidentiality for the donor, and security, integrity, and control of the specimen. This course (along with the mock collections required to be completed before taking this course) meets the DOT requirements for collector qualification training and enables participants to serve as monitors of proficiency demonstrations for fellow collectors.

Note: This DATIA course is designed for experienced collectors and/or collection site supervisors. Before taking this course, you must:

1. Complete 100 collections or six months active participation in collection services
2. Be employed in a position with active participation in specimen collection services
3. Have done DOT Required Mock Collections

Objectives: Describe the instruction and resource material needed to develop and teach a collector training program that will deliver information to company-employed collection personnel. Show that they are proficient in providing collection services according to industry regulations and standards that ensure the privacy, integrity, and security of the donor and the specimen.

PRECONFERENCE SESSIONS

CAOHC Re-Certification Course [110] – 1 day
Sarah E. Ervin, AuD, CCC-A
Diane S. DeGaetano, BSN, RN, COHN-S, COHC, FAAOHN

This 8-hour course consists of a review of hearing conservation practices. CAOHC-required subjects are taught, which include manual hearing testing, the STS and Recordable STS, hearing protection skills, and hearing conservation training. Upon completion, the student becomes certified for another 5 years.

Objectives: Discuss and practice according to updates in hearing conservation practices.

NSHC's Coach Clinic [111] (8 a.m. – 4 p.m.)
Colleen Miller, BS, RN, CSBC
Jacqui Bryan, MS, BA, RN, CHC

Attend this National Society of Health Coaches (NSHC), Coach Clinic™, an interactive session in which health coaching, education, and preparation for certification is provided. You will be actively engaged in self-assessments, material application, active role play, discussion, practice, and Q&A. You will use your own copy of the *NSHC Health Coaching Manual* (included in workshop fee). This course does not certify you as a health coach, but rather gives you the Manual for the self-study course that does prepare you to sit for the examination for certification.

Objectives: Identify major differences between health coaching and traditional methods of health teaching. Examine the myth of non-compliance. Identify your own coaching style. Discuss one health coaching technique. Describe one way of integrating health coaching into your practice as an OHN.

Morning Workshop

Saturday, May 3 .....8 – 11:30 a.m.

The Era of Electronic Health Records: Standardized Language and Informatics in Occupational Health Settings [112]

Madeline Kerr, PhD, RN
OiSaeng Hong, PhD, RN, FAAN
Karen A. Monsen, PhD, RN, FAAN

This workshop will introduce you to the elements of electronic health records, focusing on use of the Omaha System, a standardized language used to transform health data into information and knowledge. Occupational health case studies at the individual and community/organization level will provide you with practical examples using the three components of the Omaha System. Hands-on experience in using evidence-based care plans will crystallize your readiness for EHRs in your occupational health practice. Best practices in workflow process redesign and planning for technology usability will be discussed in order to empower you to fully engage with EHR implementation teams.

Objectives: Describe the Omaha System and use of the Omaha System in the Electronic Health Record. Describe care delivered in an occupational health service using a case study. Discuss and apply evidence-based care pathways at the individual and organizational levels to a case study of an occupational health condition.

Afternoon Workshop

Saturday, May 3 ..... 1 – 4:30 p.m.

Strategies for Success [113]
Margaret Manuszak, MSN, RN, COHN-S/CM, FAAOHN

This session is a requested follow-up to the 2013 Management/Business Practice Exchange. It discusses critical skills for the occupational health nurse manager, and provides face-time with experienced occupational health directors and managers. Case studies will be presented on a global project management program to standardize all operations and an emergency preparedness plan. Using a template and a table top drill, you will get the necessary guidance to replicate these programs.

Objectives: Define a global program for project management. Describe an emergency response plan for workplace events.

Comprehensive Courses, Day 2

Sunday, May 4.....8 a.m. – 4 p.m.

COHN/S Certification Exam Review [201] – 2½ days
Annette Haag, MA, RN, COHN-S/CM, FAAOHN

Using a take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses' (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services and staff; clinical care, partnerships and relationships, coaching, worker advocacy, and roles such as change agent; plus health protection, health promotion, health education, and research implication for practice. To better prepare you for the certification exam, there will be written tests prior to, during, and at the conclusion of the sessions. *Note: Taking this course does not certify you. You must still sit for the exam.*

Objectives: Define the elements of occupational and environmental health nursing, evidence-based practice, and management roles in a business environment. Cite legal issues and standards and mandated health and safety programs. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching, and condition management program design. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examinations.

AAOHN Certificate in Occupational Health Nursing Course [202] – 2½ days
Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Debra Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

This 2½-day course partially satisfies the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. *Other requirements include completion of the* AAOHN

PRECONFERENCE SESSIONS

Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching.* This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense "brush-up." *Note: This is not an ABOHN certification exam review course.*

Objectives: Recognize key terms. Describe the evolution of OHN and its conceptual framework. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety. Name the legal and ethical issues that impact OHN practice, including OSHA, HIPAA, FMLA, ADAA, safety management systems, etc. List worker populations and how their presence impacts programming. Describe how to gather metrics and create a business plan. Discuss medical records, electronic medical data, security, telemedicine, social media, and mobile health. Define risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a safety program.

Occupational Ergonomics [203] – 2½ days

Tim McGlothin, MS, CPE

This 2½-day course is an introduction to ergonomic principles and addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis techniques, developing appropriate control measures, and design criteria. This workshop prepares you to conduct ergonomic assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). The course mixes lecture and laboratory to allow you to apply techniques.

Objectives: Define ergonomics and its importance. Describe MSDs, their symptoms, how to assess them, and examples. Identify risk factors and how to prioritize jobs based upon risk factors, injury data, and interviews with employees/supervisors Explain the importance of working in neutral postures and how it affects fatigue. Use the Rapid Upper Limb Assessment to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the lower back. Use teams to develop intervention strategies for the reduction of WMSD risk factors.

NIOSH-Approved Spirometry Training Course [204] – 2 days (8 a.m. – 5 p.m.)

Rebecca Mooreland, PhD, MPH, BSH
Henry Guevara, PhD, MPH, RN, COHN-S/CM, FAAOHN
Jeana Payne, MSN, BSN, RN, COHN-S/CM

This course is approved by the National Institute for Occupational Safety and Health (NIOSH). It qualifies you to perform accurate pulmonary function tests and interpret test results in industrial and/or clinical settings. It provides the latest information about the current standards and recent developments in pulmonary function testing. While not difficult, there will be some math involved with calculations. This is an initial spirometry course, not a refresher. If you meet the criteria required by NIOSH you will receive a certificate of course completion valid for 5 years. Note: This class will accommodate 18 and is on a first-come, first-served basis.

Objectives: Indicate the purpose, objectives, and legal requirements of a respiratory surveillance program. Describe anatomy and physiology of the respiratory system and indications for spirometry. Discuss quality assurance measures and calibration checks. Discuss specific test parameters and their significance. Demonstrate subject preparation, education, coaching, and proper test procedures.

Sponsored by ndd Medical Technologies, Inc.

Leading a Sustainable Worksite Wellness Strategy: Creating Organization and Individual Well-Being [205] – 2 days

Karen Mastroianni, EdD, MPH, COHN-S, FAAOHN

Well employees working within a healthy culture are essential components for business success. This 2-day workshop will provide the information and tools needed to plan and lead a strategic wellness program based on all determinants for well-being. You will obtain knowledge, information, and resources to confidently plan and evaluate a program that meets the needs of the organization or the amount budgeted for wellness initiatives. Topics include the most current information and resources, an overview of behavior change models and models for a healthy company, the essential steps in planning a successful program, and current components for sustainable well-being.

Objectives: Discuss current guidelines for sustainable worksite wellness strategies. Describe sustainable organizational and individual well-being.

OSHA 10-Hour General Industry [206] – 2 days

Scott Harris, PhD, MSPH
Jonathan Jacobi, CSP

Delivered by OSHA-authorized instructors, this course will familiarize you with general industry OSHA standards applicable to your facility, while focusing on hazard recognition and prevention. Special emphasis will be placed on those areas that are the most hazardous, using OSHA standards as a guide. You will also hear the latest information on OSHA inspections, penalties, and emphasis programs. The content and level of instruction are suitable for all audiences, including occupational and environmental health nurses (OHNs) who work in healthcare and manufacturing settings. Attendees who successfully complete the course will receive an OSHA 10-hour completion card and their own comprehensive OSHA Standards Manual that includes up-to-date amendments and a Letter of Interpretation. Note: This class will be capped at 30 on a first-come, first-served basis.

Objectives: Identify the OSHA standards applicable to the industrial setting, including those of interest to OHNs in hospitals and healthcare. Complete OSHA requirements for a completion card.

Updates in Occupational Health Nursing: Strategies for Addressing Workplace Health Issues [207] – 2 days

Sherry M. Bumpus, PhD, FNP-BC

This 2-day course is designed to update you regarding the assessment, intervention, and evaluation of common problems encountered in the workplace. Topics include chest pain, respiratory ailments, head injuries, penetration/foreign body injuries, musculoskeletal strains and sprains, skin lacerations, thermal injuries, and mental health. The program includes introductory ergonomics principles so you can identify the work-related risk factors of musculoskeletal disorders and recommend basic workplace changes. Discussion points include: components of workplace wellness programs, appropriate treatment

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regimens and referral guidelines, current evidence-based guidelines for managing emergent conditions, and the treatment of occupational health conditions in the presence of existing co-morbid conditions. Documenting the plan of care will also be covered.

Objectives: Discuss common musculoskeletal injuries, such as lower back pain, repetitive motion injuries, ankle sprain, and shoulder injuries. Identify workplace risk factors associated with musculoskeletal disorders. Discuss current assessment, treatment, and evaluation guidelines for concussions and headaches. Identify current assessment, treatment, and evaluation guidelines for the management of selected dermatological traumas. Compare and contrast emergent and non-emergent chest discomfort. Describe current management practices and medical guidelines in selected common occupational health respiratory conditions. Discuss the emergent care in penetration injuries. Discuss the signs of depression and anxiety, screening, assessment, intervention, referral, and follow-up. Discuss worksite wellness programs.

Full Day Workshops

Sunday, May 4.....8 a.m. – 4 p.m.

A Practical Approach to Neuro-Musculoskeletal Assessment [208]

Melody Rasmor, EdD(c), FNP, COHN-S
Sarah Kooienga, PhD, RN, FNP

In this session, you will be introduced to concepts and principles of neuro-musculoskeletal assessment that will specifically focus on the neck, back, hand, shoulder, and knee. It is a hands-on approach for the musculoskeletal/neurological assessment. It is designed to increase the skills needed to conduct screenings, perform onsite physical examinations, and evaluate medical records. You can refine your history-taking skills and distinguish normal from abnormal findings. Skill attainment in the techniques of inspection, palpation, range of motion, strength testing, sensory neurological test, deep tendon reflexes and specialized neurological branching test will occur. You will gain practical suggestions on how to perform a high-quality, cost-effective advanced assessment and make appropriate referrals. You will discuss mechanisms of common neuro-musculoskeletal injuries and complaints at the workplace.

Objectives: Discuss key questions of a neuro-musculoskeletal health history. Perform a neuro-musculoskeletal physical examination.

What to Do First: Risk Assessment: From Disaster Preparedness to JHAs [209]

Mary Gene Ryan, MPH, BSN, RN, CSP, COHN-S, FAAOHN

Is your company prepared for the next disaster? How are hazards and their risks evaluated and prioritized for mitigation? How are control measures budgeted and prioritized to eliminate or mitigate hazards? In this session, you will learn to assess risk by completing a Vulnerability Analysis for a Fire Risk Matrix for Emergency Action and Fire Prevention plans. You will determine relative risk using qualitative and semi-quantitative methods after completing a Job Hazard Analysis and use three Risk Assessment tools for budgeting, prioritizing, and implementing company action plans. (Note: this session will prepare participants to attend and complete the ½-day Safety Tour session).

Objectives: Define Risk Assessment. List at least 3 steps of a 5-step method to identify occupational health and safety risks. Identify two tools to use in assessing or classifying the relative risk associated with hazard categories. Assess the hierarchy of control measures. Complete steps of a Job Hazard Analysis for Risk Assessment.

NIOSH-Approved Spirometry Refresher Training [210]

Kimberly J. Gordon, MSN, MA, RN, COHN-S, FAAOHN

The National Institute for Occupational Safety and Health (NIOSH) approved this spirometry refresher training, which is designed to review the theoretical framework and skills necessary to conduct spirometry testing and screening for workers.

Objectives: Recall anatomy and physiology of the respiratory system. Define forced vital capacity (FVC), forced expiratory volume (FEV1), and the ratio. Explain the criteria for determining acceptability of maneuvers and test repeatability. Recognize American Thoracic Society (ATS) interpretation guidelines for spirometry. Identify normal, obstructive, restrictive, and mixed disease patterns on spirograms. Summarize calibration check procedures for flow and volume spirometers. Explain the steps for performing a spirometric maneuver on flow and volume spirometers. Outline the basis for requesting more than three trials based upon repeatability criteria. State how to compare a worker's observed spirometry results to predicted values. Identify which spirometry measurement is the best to use for year-to-year surveillance.

Determining Clinical Staffing Needs in the Occupational Clinic [211]

Nicole Shaffer, DNP, CRNP-BC, COHN-S, FAAOHN

Staffing decisions for your occupational health clinic do not need to be difficult, but they do need to be objective. This course will explain why it is important to objectively determine staffing needs and review current industry-accepted models. Examples of how these models have successfully worked for a large company will be provided. Most of the time will be spent on your framing and beginning to use the models to document your clinic's staffing needs. Faculty will assist you in starting the process.

Objectives: Describe what is involved in objectively demonstrating the level of staffing needed for a successful occupational health clinic. Select a model and begin to plan staffing for your facility.

Morning Workshop

Sunday, May 4.....8 – 11:30 a.m.

Pharmacology Fun—Agents We Use and Abuse [212]

Muthanna Saraireh, MD
Jhonny Ordonez, MD
Nancy Onisko, DO

This 3-hour session will overview three primary items as they affect workers: (1) the most commonly used recreational drugs and how they can impact workers; (2) the most commonly used medications to treat workers with occupational injuries and illness—what they are and the adverse events and special related issues; and (3) new agents being used by workers such as e-cigarettes, ADD meds, energy drinks, and others. The session will also focus on the challenges of urine drug screen interpretation.

Objectives: Discuss the general concepts behind the use of urine drug

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screens (UDS). Discuss the evolving issues relative to pharmaceutical opioids. List the most common recreational drugs used by workers and their clinical effects and UDS interpretation issues. List the medications most commonly used in the management of occupationally related injuries and illnesses. List and describe important-to-know things about some of the newest medications prescribed for or used by "healthy" workers and how they may impact work.

Afternoon Workshops

Sunday, May 4..... 1 – 4:30 p.m.

Supercharged Cost Drivers [213]

Kevin Glennon, BSN, RN, CDMS, CWCP, QRPS

This program will look at the adverse effects and ever-changing needs of the person with co-morbid factors and issues of obesity. You will use case studies to examine the impact of aging and conditions such as obesity and chronic disease states on recovery from both occupational and non-occupational illnesses and injuries, and return-to-work.

Objectives: Review case studies to learn to expect the unexpected. Identify the needs of the aged worker, the obese/overweight worker, and the injured worker with significant co-morbidities. Discuss the level of medical care and treatment needed, the increased associated costs, and how co-morbidities adversely affect recovery and indemnity benefits. Discuss increased recovery times for better return-to-work planning.

Tobacco Use and Dependence: Increasing Access to Treatment and Utilization of Services [214]

Jennifer Packard, MA, TTS

Despite the availability of effective treatments for tobacco dependence, rates of smoking, and smokeless tobacco use among workers covered by medical benefits remains high. Research shows that most tobacco users want to quit, but the utilization of benefits for tobacco treatment remains low. Most commonly, tobacco users try to quit on their own, often trying to go "cold turkey" with little success, but the use of available resources can double success rates. While spreading the word about benefits for tobacco treatment can be daunting, knowledge of treatment strategies and practicing certain key skills can make this communication more effective. Through the use of video, small group discussion, and guided role-play, participants will have an opportunity to develop confidence with the objectives.

Objectives: Explain how evidence-based tobacco treatment helps tobacco users to quit. Demonstrate awareness of tobacco treatment resources and treatment options. Demonstrate motivational communication skills for starting conservations regarding tobacco treatment, including identifying tobacco users, assessing and increasing their motivation to attempt to quit, and referring them to treatment services.

Comprehensive Courses, Half Day

Monday, May 5 .....8 – 11:30 a.m.

COHN/S Certification Exam Review (301) – 2½ days

Annette Haag, MA, RN, COHN-S/CM, FAAOHN

Using a take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses' (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services and staff; clinical care, partnerships and relationships, coaching, worker advocacy, and roles such as change agent; plus health protection, health promotion, health education, and research implication for practice. To better prepare you for the certification exam, there will be written tests prior to, during, and at the conclusion of the sessions. *Note: Taking this course does not certify you. You must still sit for the exam.*

Objectives: Define the elements of occupational and environmental health nursing, evidence-based practice, and management roles in a business environment. Cite legal issues and standards, and mandated health and safety programs. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching and condition management program design. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examinations.

AAOHN Certificate in Occupational Health Nursing Course [302] – 2½ days

Chad Rittle, DNP, MPH, BSN
Kerri L. Rupe, DNP, ARNP, FNP-C, COHN-S, FAANP
Debra Bush, RN, COHN-S/CM
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN
Grace Paranzino, EdD, RN, CHES, FAAOHN

This 2½-day course partially satisfies the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. *Other requirements include completion of the* AAOHN Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching.* This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense "brush-up." *Note: This is not an ABOHN certification exam review course.*

Objectives: Recognize key terms. Describe the evolution of OHN and its conceptual framework. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety. Name the legal and ethical issues that impact OHN practice, including OSHA, HIPAA, FMLA, ADAA, safety management systems, etc. List worker populations and how their presence impacts programming. Describe how to gather metrics and create a business plan. Discuss medical records, electronic medical data, security, telemedicine, social media, and mobile health. Define risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a safety program.

Occupational Ergonomics [303] – 2½ days

Tim McGlothin, MS, CPE

This 2½-day course is an introduction to ergonomic principles and addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis

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techniques, developing appropriate control measures, and design criteria. This workshop prepares you to conduct ergonomic assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). The course mixes lecture and laboratory to allow you to apply techniques.

Objectives: Define ergonomics and its importance. Describe MSDs, their symptoms, how to assess them, and examples. Identify risk factors and how to prioritize jobs based upon risk factors, injury data, and interviews with employees/supervisors Explain the importance of working in neutral postures and how it affects fatigue. Use the Rapid Upper Limb Assessment to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the lower back. Use teams to develop intervention strategies for the reduction of WMSD risk factors.

Morning Workshops

Monday, May 5 .....8 – 11:30 a.m.

Respirator Selection, Fitting, and Care [304]

J. Pat Currin, CIH

This is the session for the occupational health nurse who manages a workplace respiratory protection program. In this hands-on session, you will be able to handle multiple respirators and learn the difference in their application, how to take them apart, replace parts, and clean and inspect them.

Objectives: Discuss how to select the appropriate respirator, based on the work situation and worker's fitness. Recognize the difference between a surgical mask and an N95 respirator. Describe proven techniques for educating workers about wearing respirators. Demonstrate how to fit employees with the correct respirator. Describe how to inspect, clean, and repair respirators.

Psychiatric Fitness for Duty Examinations: Tools for Assessing Risk [305]

Melissa LeBlanc, BSN, RN, CCM, COHN-S
Donald L. Sherak, MD

This interactive session will enhance your skills in reducing episodes of violence, perceived violence, and disruptive behavior within your organization. You will learn when a psychiatric fitness-for-duty is appropriate and how to obtain the quality pragmatic results necessary to produce positive outcomes. The course will demonstrate the need for an up-to-date company policy and standard operating procedure, as well as strategies for compliance with legislation (ADAA, Rehabilitation Act, FMLA). It will help you become the "go-to" person to assess work environments and lead interdisciplinary teams to achieve successful resolution of these potentially destructive situations. Case studies will be used to demonstrate the collaborative process between human resource personnel, occupational health, operations/supervisory staff, and outside psychiatric experts.

Objectives: Differentiate between disruptive behavior and potential violence. Describe the process for obtaining a successful psychiatric fitness-for-duty examination. Discuss the results of a psychiatric fitness-for-duty examination.

Writing for Publication: From Pen to Press [306]

Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Pamela V. Moore, EdD, MPH, RN, FAAOHN

In this session, you will learn the process of publishing, including developing your ideas, researching content, organizing an article, writing with clarity, editing by self and peers, submitting an article, responding to criticism, and celebrating your published article. Bring your ideas and a sample of your writing to share or just come to listen and network. The editor of AAOHN's journal, Workplace Health & Safety, will be available to offer insights into publishing in the association's journal.

Objectives: Describe the process of producing a finished manuscript. Identify the responsibilities of the author in the publishing process. Discuss the role of a journal editor when publishing a manuscript. Describe the process of producing a finished manuscript.

Sponsored by the AAOHN Foundation

Journey to Excellence in Occupational Health: A Tour of Best Practices [307]

Donna Ferreria, ANP, MS, COHN-S, FAAOHN
April Teusch, RN, ACLS, TNCC

This session is a collection of the best treasures in occupational health nursing. Experience has been tapped to showcase best practices, tips and tricks, and processes for high success. Innovative strategies for making tough clinical, management, and leadership decisions will be presented. Memory tricks, acronyms, sayings, and short stories will provide "never forget" pearls to recall important information. Topics include assessment, placement of restrictions, medical surveillance, DOT, session skills, management of people, and much more.

Objectives: List three innovative techniques to assess and treat injured/ill employees. Describe two unique challenges in occupational health nursing and their solutions. Discuss management strategies for successful leadership in occupational health. Collect, identify, and share pearls of wisdom from audience participants.

ADA: Are You in Compliance? [308]

Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN

The occupational health nurse is challenged on a daily basis with different regulatory agencies' requirements while trying to maintain a balanced work environment. Organizations must ensure and maintain regulatory compliance to function in an effective manner. The Americans with Disabilities Act (ADA) is a complicated piece of legislation and even more so since the 2008 amendments were added. Yet staying in compliance has never been more important. This session will enhance your ability to help your organization to stay in compliance. It will offer "hot tips" on how to avoid pitfalls.

Objectives: Recognize three issues related to ADA that arise when working with an injured worker. Name two changes in the "new" 2008 additions to ADA. List two disability questions that can be asked at the pre-offer stage of employment to avoid legal pitfalls.

Demonstrating Value: ROI and Other Techniques [309]

Karen Mastroianni, EdD, MPH, COHN-S, FAAOHN

In today's globally competitive business environment, companies continue to search for ways to control costs and improve outcomes. As such, you are being asked to demonstrate the value of services provided.

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This requires not merely performing roles and responsibilities to the highest quality standard, but also documenting, demonstrating, and communicating the added value of services delivered in meeting your business's mission and goals. This workshop will provide information, strategies, and basic ROI principles to arm you with tools to demonstrate valuable outcomes for occupational health nursing (OHN) services. These tools will include both qualitative and quantitative techniques to evaluate services and make necessary changes that ensure both employee and business needs are being met.

Objectives: Discuss how to demonstrate the value of OHN services. Explain basic ROI techniques.

I'm an OHN Now: So What Do I Do? Basic Occupational Health Nursing [310]

Jeannie K. Hanna, MS, RN, COHN-S, FAAOHN
Debbie W. Bush, RN, COHN-S/CM

Knowledge of the fundamentals of occupational health nursing (OHN) is central for ensuring a new practitioner in occupational health does not feel overwhelmed and lost in this specialty of nursing. This session assists the OHN who is relatively new to the field in understanding key components and learning how to integrate nursing, occupational health, and business skills. Experienced practitioners may find this course a review of the basics.

Objectives: Explain basic terminology specific to occupational health nursing. Describe the role of occupational health to the nurse new to the field. Describe the three phases of conducting an occupational health assessment.

Healthcare Reform and Its Impact on Care Management [311]

Lisa Wargofchik, MS

This session will provide much-needed answers to many questions about the Affordable Care Act and resources to which you can refer. Attend this course if you are still wondering how to advise your workers about what medical plans may be best for them or their family members. This course may help you advise your employer regarding whether to "pay or play." Learn about the legislation's implications for implementation and expansion of health promotion and wellness, early detection, and chronic condition management programming. Investigate whether there are ERISA or HIPAA pitfalls to avoid as you think about expanding programming and extending collaborations with community providers.

Objectives: Identify resources to support your continued consultation for plan selection. Describe potential new opportunities for programming in health promotion and wellness, prevention, early detection, and chronic condition management. Discuss any ERISA or HIPAA pitfalls to avoid as programs expand.

Occupational Health Nurse Legislation 101 [312]

Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN

It is essential that occupational and environmental health nurses (OHNs) be familiar with state, federal, and international regulations that affect workers, and that they understand their professional responsibility with regard to those regulations. This course will present basic legal concepts relevant to nursing practice (e.g. negligence, competency, informed consent) as well as provide a broad, up-to-date overview of government regulations that affect day-to-day OHN practice.

Objectives: Explain legal concepts that are applicable to occupational and environmental health nursing (OHN) practice. Discuss key legislation that affects the practice of occupational health nursing.

Construction Industry Safety Tours [313] – space limited to 30

Grace Paranzino, EdD, RN, CHES, FAAOHN
Jorge Balderas
Mario Ontiveros
Jaime Pérez

This safety tour will include site observations of major commercial construction projects near downtown, roundtable conservations with Workers Defense Project (WDP) construction workers and staff, and a session of the victories of WDP's statewide campaign, "Build a Better Texas." While construction workers make vital contributions to the economy, they have not been rewarded with safety for their hard work. Construction work is dangerous, workers labor long hours, and they frequently face violations of their rights as employees. Inadequate enforcement mechanisms leave many workers with no recourse when they encounter unsafe conditions. You will learn how the WDP collaborates with construction business leaders to create good construction jobs by ensuring safe working conditions for the workforce, and how it sets standards for all contractors and subcontractors on their worksites.

Objectives: Define the dangerous working conditions of the Texas construction industry. Describe WDP's organizing-advocacy-research model and the victories of the "Build a Better Texas" campaign. Examine WDP's current approaches, as well as the challenges, to organizing for safer working conditions in Dallas.

Stadium Tour [314]

Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN

The Risk Assessment Safety Tour will provide you with an opportunity to tour the AT&T Stadium to assess job tasks for safety. You will be provided with a Site Safety Risk Assessment form to be completed throughout the tour and to discuss findings and recommendations post-tour. The tour will be approximately 2 hours with 1 hour to complete the Risk Assessments and discuss findings and recommendations. The prerequisite is the 2014 Risk Assessment preconference session or extensive background and experience in completing Job Health Assessments (JHA)/Job Safety Assessments (JSA) with risk assessment classification. All participants will meet no later than 7:30 a.m. for a pre-tour briefing.

Objective: Complete JHA/JSA Risk Assessments for three job tasks observed.

Special Offering

Monday, May 5 .....8 – 11:30 a.m.

AT&T Dallas Cowboys Stadium Tour

Join us for VIP Guided Tour and visit the Home of the Dallas Cowboys.Tour the Cowboys locker room, Cowboys Cheerleader Locker Room, Post Game Interview Room, Luxury Suites much more as well as chance to stand on the field. Take home a commemorative photo. Join us for a morning of fun!

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Opening Session

Monday, May 5 ..... 2 – 3 p.m.

The Blue Zones [316]

Dan Buettner

National Geographic Fellow Dan Buettner has traveled the globe to uncover the best strategies for longevity and happiness. He identified Blue Zones – places that have the greatest life expectancy and where more people reach age 100 than anywhere else. Working with a team of experts, Buettner distilled their secrets into nine common denominators he calls Power 9®. What is the optimal diet for making it to a healthy age 90? Should you be running marathons or doing yoga? What supplements works? Does stress really shorten your life? Dan debunks the most common myths and offers a science-backed blueprint for the average American to live another 12 quality years. Using *National Geographic* photography and a dynamic delivery, Dan takes audiences to each of the Blue Zones and leaves the audience with an actionable plan to live longer, healthier lives.

Sponsored by Healthways, Inc.

Practice Exchange

Monday, May 5 ..... 3:15 – 4:15 p.m.

Case Management [317]
Consulting [318]
Corporate [319]
Educator [320]
Government/Military [321]
Health/Wellness [322]
Hospital/Healthcare [323]
Nurse Practitioner/Clinical [324]
Safety/Environmental [325]
LPN [326]

Plenary Session

Monday, May 5 ..... 4:30 – 5:30 p.m.

What the Affordable Care Act Means for Employer-Sponsored Health Coverage: Its Impact on Employers and Employees in 2014 and Beyond [327]

Steve Wojcik, MS

Find out what employers expected and needed from health reform and what they ultimately got. Learn how the ACA affects plan coverage for employees, their families, and retirees. Specifics will include benefit and plan requirements, employer options under the law, and the impact on health benefits and the workforce now and in the coming years.

Objectives: Discuss the key benefit mandates and plan rule change affecting employer-sponsored coverage. Discuss how employers are responding to the ACA, including the impact on health benefits and workforce staffing decisions.

Keynote Session

Tuesday, May 6 .....8 – 9 a.m.

Occupational Health Nursing: Emerging Opportunities With the ACA [328]

Linda McCauley, PhD, RN, FAAN, FAAOHN

This session will highlight the opportunities that the ACA provides for occupational health nurses, particular in health promotion and care coordination. The population health implications of the ACA will be emphasized.

Objectives: Describe the role that OHNs can play in implementing the National Prevention Strategy of the ACA and building better health in working populations. Explore potential roles of OHNs in care coordination. Describe the role that OHNs can play in increasing understanding of the ACA for their employers, the workers and their families including health coaching, health communication and health literacy skills. Discuss professional issues that will increase nursing's capacity to develop new models of care delivery.

Concurrent Session 1

Tuesday, May 6 .....9:15 – 10:45 a.m.

The A3 Process: A Strategy for Problem-Solving in Occupational Health [400]

Track: Business/Management

Grace Paranzino, EdD, RN, CHES, FAAOHN

During this session, you will be able to develop an understanding of how an A3 report can be used in your clinical setting. The A3 process is a simple way of getting a problem, an analysis, a corrective action, or an action plan written down on a single sheet of large paper, often with the use of graphics. Many manufacturers use it as a powerful improvement process that applies lean thinking to problem solving, e.g., Toyota Motor Corporation. The A3 problem-solving report involves training various levels of staff and management in a structured approach, and presents an ideal opportunity to align the interests of individuals and departments.

Objectives: Describe the A3 process. Define the steps of developing an A3 report. Describe examples of an A3 report in a clinical setting.

Integration of Ergonomics and Wellness: A Powerful and Needed Combination for Today's Unique Workforce [401]

Track: Wellness/Health Promotion & Safety

Jill Kelby, PT, CEA

This session will provide you with a strategy to effectively address the wide range of ages and wellness levels of today's workforce. The strategy you will learn utilizes a holistic approach that stretches across organizational silos and traditional separate wellness and ergonomic initiatives to combine into one systematic plan of action. This holistic, cross-functional workforce health improvement approach is necessary in order to make wellness and injury prevention intuitive and embedded in the work performed in any organizational culture.

Objectives: Define the demographic makeup and characteristics of today's workforce. Compare and contrast the physical and cognitive abilities and generational differences between workers of all ages and fitness levels. Describe the foundational principles of ergonomics and wellness and how they apply to workers of all ages. Describe methods used to engage and enlist key stakeholder groups within your organization. Discuss a plan that naturally incorporates ergonomics and wellness into the daily tasks of your workers.

Workers' Compensation Claims—Are They Real? [402]

Track: Disability Case Management

Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN

Workers' compensation claims management is critical in the process

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of determining compensability. Fraudulent claims are on the rise in organizations today. This is a course for you if your employer is consulting you to educate them about the claims, especially questionable ones, and how to avoid future ones. You will have some "take-aways" from the class to support your work with fraudulent workers' compensation claims.

Objectives: Recognize 3 issues resulting in questionable claims. Identify "red flags" of fraudulent claims. List two areas the occupational health nurse can tap into to verify a fraudulent claim.

Implementation of the EHR in the Occupational Health Setting [403]

Track: Clinical Practice & Business/Management

Joanna Krasinski, MSN, ANP-BC, COHN-S

The decision to implement an electronic health record (EHR) in an occupational health (OH) clinic requires careful, deliberate planning and consideration. This session will define the strategic plan necessary to implement an EHR in an OH setting, which includes vendor selection, change management, clinic workflow, standardized clinical practice, staff training, and planning for the unexpected. In addition, policy development that addresses confidentiality and system security, as well as a plan for maintenance and future system upgrades, will be covered.

Objectives: Describe a strategic plan and its components for developing EHRs in an OH setting.

Handy Approaches to Managing Hand Injuries [404]

Track: Clinical Practice

Donna Ferreira, MS, ANP, COHN-S, FAAOHN
Golda Sobal, MSPAS, MPH, PA-C

Using live demonstration, visual aids, and dynamic lecture, this session is "hands-down" one you won't want to miss. It will provide you with best practices for evaluation, treatment, and follow-up of hand injuries in the workplace. You will review hand anatomy and physiology, clinical tips and tools of the trade, how-tos for identifying "red flags," and when to refer the employee to a higher level of care. You will receive guidelines for appropriate assessment tests and studies.

Objectives: Identify the anatomy of the hand. List three common hand injuries

Challenges in Moving Forward With 21st Century Occupational and Environmental Health Nursing [405]

Track: Thought Leadership

Facilitator: David Allcott, MSN, APRN, ANP-BC, COHN-S, COHC
Joy Wachs, PhD, RN, FAAOHN
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN
Linda McCauley, PhD, RN, FAAN

Come prepared to engage in dialogue with your peers and three occupational health leaders who will present you with challenges related to standards, regulations, and guidelines; the diverse spectrum of your responsibilities and autonomy; and research or scientifically-based evidence that impacts your practice today and is likely to either impede or propel your future practice. You will have the opportunity to share your best practices and come up with creative and innovation solutions for moving the profession to a more secure tomorrow.

Objectives: Discuss futuristic challenges in occupational health nursing with faculty and the audience. Describe how various standards, research, roles, and autonomy influence the delivery of OHN practice.

Concurrent Session 2

Tuesday, May 6 .....11 a.m. – 12:30 p.m.

A Day in the Life of a Medical/Research Center Occupational Health Professional: Infectious Disease Exposure Reviews [406]

Track: Nurse Practitioner & Clinical Practice & Hospital/Healthcare

Yolanda C. Lang, DrPH, MSN, CRNP, COHN, FAAOHN

Given the growing number of professionals working in the healthcare field, biological exposure cases are growing more complex. During this session, you will review three different types of exposure cases that can occur with medical center employees and discuss how to evaluate and assess each situation to achieve optimal care outcomes for the worker and the medical center.

Objectives: Discuss latest guidelines for a simple and complex blood borne pathogen exposure. Summarize guidelines for both routine and exposure TB evaluations. Explain the course of events to investigate an employee with a contagious disease.

Exceeding Expectations—It Requires Competence [407]

Track: Business/Management & Nurse Practitioner

Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN

In today's occupational health environment, the quality of the healthcare service is of great importance. Quality can only be achieved through competence. This session will support your measurement and demonstration of your competence as an occupational health program leader.

Objectives: Discuss the importance of quality health care and its impact on healthcare cost control. Explain measures of clinical competence and its impact on quality care. Define the process and standards for competency evaluation.

Evidence-Based Practice: Challenges of Occupational Health Nursing Practice [408]

Track: Thought Leadership

Mei Ching Lee, PhD, RN
Barbara Burgel, PhD, RN, COHN-S, FAAN, FAAOHN

Come prepared to participate in a conversation with other occupational health nurse thought-leaders about the value of evidence-based practice in the occupational health setting. Learn more about exactly what evidence-based practice (EBP) is and the process of engaging in the practice in your particular location. Help identify unique barriers to EBP that often happen in the isolation of an onsite clinic, and hear about innovative solutions that others have made work in their setting, in the community, and at area universities and healthcare facilities. You can provide the feedback that your educators, chapter leaders, journal editor, and Board members need to build an organization that plays a stronger role in facilitating EBP.

Objectives: Explain evidence-based practice in occupational health nursing. Describe the process of conducting evidence-based practice.

Nursing Advocacy and Law [409]

Track: Legislation/Regulation

Ann Rhodes, JD, MA, RN

The content of the program will be a brief overview of the law and a focus on legal issues in occupational health nursing, particularly recent developments. The session will include tips for nurses to avoid liability for malpractice.

Objectives: Describe sources of law and their relevance to nursing practice. Identify current law and regulation to occupational health nursing. Define the differences between state and federal law.

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The Nuts and Bolts of Job Accommodation and the ADA [410]

Track: Disability/Case Management & Regulation/Compliance

Anne Hirsh, MS

This session provides you with basic tools you need to effectively manage workplace accommodation challenges. You will learn the practical aspects you need to know about workplace accommodations and how to make sound job accommodation decisions. Hear a Job Accommodation Network (JAN) consultant discuss benefits and costs, the interactive process, situations and solutions, and an update of the amended Americans with Disabilities Act.

Objectives: List the six practical steps of the interactive process of reasonable accommodation. Discuss ADA rules and regulations and the definitions of disability and reasonable accommodation. Explain types and elements of various reasonable accommodations. Describe the benefits and cost of implementing effective accommodation in the workplace.

America's Heroes: What the OHN Needs to Know About Caring for Military Veterans [411]

Track: Clinical Practice

Jennan A. Phillips, PhD, MSN, RN
Cynthia Selleck, PhD, RN, FNP

Occupational Health Nurses need specific strategies to manage the unique needs of our American Heroes as they return to the civilian workforce. During this session, you will have the opportunity to address their unique needs (especially mental health conditions, including PTSD, major depression, or a combination of both) of veterans and their families; and identify opportunities to manage these healthcare needs at the worksite, even when the veteran does not seek care. You will learn how to create strong health policies and collaborate with others at the local, state, and national levels to meet the healthcare needs of combat veterans and their families. You will discuss the military culture, unique behavioral and mental health needs of veterans, and resources available to them.

Objectives: Identify military veterans and their families in the civilian workforce. Recognize the scope of the problem for the unique behavioral and mental health needs of military veterans and their families. Apply military cultural competency to the care of veterans and their families in occupational health and safety programs. Identify opportunities for the OHN to address the unique healthcare needs of military veterans. Discuss how OHNs can collaborate with others at local, state, and national levels to meet the healthcare needs of veterans and their families.

Concurrent Session 3

Tuesday, May 6 ..... 2 – 3:30 p.m.

Understanding and Responding to Emerging Global Health Risks and Trends [412]

Track: Clinical Practice & Global & Travel Health

Patrick Deroose, RN
Jane Poulton, BSN, RN

This session will help you understand global health risks and trends that are potentially impacting your global travel workforce and will allow you to develop and implement strategies that will minimize these risks. To help you understand an appropriate response to these risks and global trends, valuable advice regarding H7N9, tuberculosis, dengue fever, malaria, viral hemorrhagic fevers, and other emerging health risks will be explored. At the same time, you will discuss the environments where these global trends are occurring, including Africa, Southeast Asia, and South America. This session will utilize research and case studies to help you determine what strategies you can put in place to keep your global workforce healthy, avoid failed international assignments, retain valuable employees, improve business productivity, and maintain a healthy and productive workforce.

Objectives: Discuss duty of care and its importance. Discuss the role of the organization and the occupational health nurse. Discuss clinical issues and health trends in emerging markets. Discuss best travel health practices of global organizations.

Heavy Metals: More Than Just Rock Music [413]

Track: Nurse Practitioner & Clinical Practice

Kapil Sharma, MD
Jakub Furmaga, MD

This session will address some of the more common metal exposure that occurs in the occupational setting. It will address the complexity of the assessment, focusing on the importance of the correct interpretation of clinical information along with the laboratory data. It will address why chelation is relatively rarely needed.

Objectives: List the most common metal exposures that occur in the occupational setting. Describe the most common clinical effects and exposure circumstances for each of the most common metals. Discuss the diagnostic challenges associated with the evaluation of potential metal toxicity. Describe the general principle of management of patients who have been exposed to metals.

When You Snooze, You DON'T Lose! Sleep and Sleep Disorders [414]

Track: Clinical Practice

Kathleen Buckheit, MPH, COHN-S/CM/SM, FAAOHN
Judy Ostendorf, MPH, COHN-S, CCM, FAAOHN

Understanding how the amount and quality of sleep affects your health can allow you to make healthier decisions for you, your family, and your employees. During this session, you will learn about sleep disorders and how lack of sleep can affect many health and safety aspects of workers' personal and work lives. You will discuss key sleep disorders and causes, sleep cycles (circadian), how sleep affects chronic diseases in the workforce, the assessment and treatment of sleep disorders, sleep hygiene tips, and what to do if you can't sleep. You will see the safety and health challenges faced when employees are affected by sleep disorders.

Objectives: Identify key sleep disorders and causes. Discuss the role of sleep health relevant to chronic diseases. Describe the cycles of sleep. Discuss the assessment and treatment of sleep disorders. Describe shift work disorder and changes in sleep schedules.

20 Years of Success: What You Need to Know for Your Wellness Initiative [415]

Track: Wellness/Health Promotion

Pamela Carver, CRNP
Jennan A. Phillips, PhD, MSN, RN

The U.S. spends more money on health care than any other nation. Yet, death rates for Americans under the age of 50 are higher than in most other industrialized nations. Additionally, our life expectancy ranks near the bottom of this list of 34 high-resource countries. According to the Robert Wood Johnson Foundation and pertinent government agencies, Americans under the age of 75 are in worse health than citizens from comparable countries. Chronic conditions such as heart disease, hypertension, diabetes, chronic respiratory disease, infectious disease, and intentional and non-intentional injuries all contribute to our nation's escalating healthcare costs and poor health status. Business, government, public health, and nursing leaders seek solutions to these perplexing problems. Diminished well-being among citizens impacts the workplace with high medical costs associated with chronic illness and lost work time due to absenteeism

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and presenteeism; productivity is decreased due to an unhealthy worker population. These factors motivate occupational health providers to focus more on health promotion and prevention of illness and injury to control medical costs. Our aim is to present key components of wellness initiatives we provided for more than 4,000 municipal workers employed by one Southeastern city. Trends in outcome measures from our twenty years of experience demonstrate successful strategies for sustaining wellness initiatives in other worksites. Reflecting on what we would like to change illustrates some potential mistakes for others to avoid.

Objectives: Distinguish key components of a worksite wellness initiative. Explore trends in outcome measures for obesity, cardiovascular disease, diabetes, and tobacco use for this worker population. Describe three mistakes to avoid in your wellness initiative. Discuss successful strategies for sustaining a wellness initiative.

Safety: What's Health Got to Do With It? [416]

Track: Safety/Environmental & Wellness/Health Promotion

Deborah Fell-Carlson, MSPH, RN, COHN-S, HEM

This session will allow you to step back and reflect on the fact that healthy, alert workers suffer fewer injuries and recover more quickly when hurt. Wellness and safety together improve team and worker well-being. It will help you appreciate the impact of your worksite injury prevention efforts when workers apply these good habits at home and teach them to their families. You will discuss how managing wellness and injury prevention together is a win-win for your employer.

Objectives: Define "Total Worker Health." State one way wellness and health promotion may influence injury prevention and workers' compensation performance. State one way safety and health protection may influence health and health plan performance. List four cornerstones that influence engagement and success in connecting wellness and safety. Describe one example of using the wellness challenge programming pyramid to integrate injury prevention into a wellness challenge.

The Role of APRNs in Screening for Pre-Diabetes in the Workplace and Effects of Early Lifestyle Changes [417]

Track: Nurse Practitioner & Clinical Practice

Tracie Kirkland, DNP, APRN-BC, ANP, PNP

This session will investigate the use of HbA1c testing in pre-diabetes screening and the use of tools and guidelines to accomplish the screening. A healthy workforce has a significant impact in terms of increased productivity, lower healthcare premiums, and lower incidents in worker compensation injuries. Identifying employees at risk for pre-diabetes, who may not initially demonstrate official signs of diabetes, and leading them to seek healthcare can be beneficial for employers and yield a high return on investment through early lifestyle interventions.

Objectives: Discuss how to translate evidence from ADA guidelines for screening employees at risk for pre-diabetes. Discuss strategies to utilize in formulating collaborative community partnerships to incorporate early lifestyle change in employees identified with pre-diabetes.

Catherine Dempsey Lecture

Sponsored by Johnson & Johnson

Wednesday, May 7 .....11 a.m. – 12 p.m.

The Future of Occupational and Environmental Health Nursing: Challenges and Opportunities Synopsis [500]

Mary K. Salazar, EdD, RN, FAAN, FAAOHN

This session will begin with a brief summary of the core values that serve as the foundation of occupational health nursing. It will then review relevant national reports and initiatives as well as changes in health care that are likely to shape the future of occupational health nursing practice. The session will conclude with a discussion of the challenges and opportunities that will merge as a result of these changes.

Objectives: Describe at least two recently published national documents that are likely to have a profound effect on nursing practice in general, and occupational and environmental health nursing in particular. Identify at least one major challenge and one major opportunity for practicing occupational health nurses that are inherent in the future direction of nursing and health care in our country.

Concurrent Session 4

Wednesday, May 7 ..... 1 – 2:30 p.m.

Leadership: Lessons Learned Along the Way [501]

Track: Management/Business

Susan Randolph, MSN, RN, COHN-S, FAAOHN

In today's demanding work environment, occupational and environmental health nurses must possess and apply leadership principles or lessons to meet those demands. Throughout our lives, we have learned key leadership lessons from many sources—on the job or from formal or informal educational courses, and even from kindergarten. In this session, you will go back to the basics and discuss leadership and why it is important, and review those key leadership lessons learned in kindergarten, and from other sources such as movies, books, and even Florence Nightingale. You will be able to apply these lessons to occupational health nursing, to your personal life, and to the community, as you consider your legacy in occupational health and safety.

Objectives: Define leadership. Identify leadership lessons learned. Discuss how these lessons can be applied to your profession, personal life, and community.

Beyond Workers' Compensation: The Implications of Medical Marijuana in the Workplace [502]

Track: Disability Case Management & Clinical Practice

Linda Gifford-Meuleveld, RN, COHN-S, CCM, CPDM, FAAOHN
Christina Murrell, BSN, RN

The legalization of medical marijuana in many states poses a number of complicated issues for employers and everyone involved in the health and safety of workers. This session will provide you with the information to help guide you through the maze of issues surrounding the legalization of medical marijuana.

Objectives: Identify the issues surrounding medical marijuana usage by workers. Explain the use of medical marijuana as a prescriptive drug of choice.

Managing the Complexities of Injured Workers Living in Large Bodies [503]

Track: Safety/Environmental & Disability Care Management & Clinical Practice

Deborah L. Fell-Carlson, MSPH, RN, COHN-S, FAAOHN

Injured workers living in large bodies are faced with a variety of challenges in their injury recovery. This session will introduce you to some of these challenges and help identify compassionate strategies to help move the worker toward a positive outcome.

Objectives: List two health effects of high body weight on injury recovery. Describe two issues to be considered before discussing body weight with an injured worker.

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Fit to a T [504]

Track: Wellness/Health Promotion

Mary Gene Ryan, MPH, BSN, COHN-S/SM, CSP, FAAOHN

"Fit to a T" is the U.S. Bone and Joint Initiative's response to the Surgeon General's first-ever report on bone health and osteoporosis. Come learn how to take an active part and bring this updated "Fit to A T" seminar to your employees and colleagues. You will complete a self-assessment, learn what a T-score is, do a balancing exercise, and get the resources you need to present this program.

Objectives: State importance of the "Fit to a T" program for the working population. Discuss bone health basics. Describe how to make an assessment of your living environment and risk for fracture. Demonstrate one preventive bone health exercise. Discuss how you will use this information to inform colleagues and/or employees.

Implementing the Safe Patient Handling and Mobility National Standards [505]

Track: Healthcare/Hospital & Safety/Environmental

Jaime Dawson, MPH
Susan Gallagher, PhD, RN

This session will provide you with an overview of the Safe Patient Handling and Mobility (SPHM) standards and present evidence-based strategies for translating them into practice. The Safe Patient Handling and Mobility: Inter-Professional National Standards were released in June 2013 by the American Nurses Association. The goal of the standards is to establish a uniform, national foundation for SPHM in order to prevent healthcare worker and healthcare recipient injuries across the continuum. Case studies and real-life examples will be highlighted and you will be referred to resources and tools that can be used to effectively implement and sustain Safe Patient Handling and Mobility programs.

Objectives: Discuss the impact of manual patient handling on healthcare workers and patients and understand the need for interdisciplinary national standards. Describe each of the eight Safe Patient Handling and Mobility National Standards and understand specific roles for employers and healthcare workers.

Global Perspective of U.S. Health: Shorter Lives, Poorer Health [506]

Track: Global & Wellness/Health Promotion

Alma Jackson, PhD, RN, COHN-S

This session will investigate the impact of workplace interventions in removing health disparities in an otherwise rich nation and propose programs you can implement in your work setting. Surprising new data released by the National Research Council and Institute of Medicine demonstrate that the health of the US is at or near the bottom compared to 16 other high-income peer countries. Evidence-based worksite interventions by the occupational health nurse have revealed high-level impacts on individual and social behaviors to change risk factors for the development of chronic disease. A review of practices in other countries also supports evidence for change.

Objectives: Describe the disparities of US health in relation to global health for developed countries. Identify individual and social behaviors contributing to poorer health and shorter lives. Discuss the role of the occupational health nurse in creating evidence-based interventions for effective chronic disease prevention. Discuss how to implement and evaluate workplace programs to improve health in your workplace while measuring outcomes to demonstrate monetary impact.

Concurrent Session 5

Wednesday, May 7 ..... 3 – 4:30 p.m.

Power Metrics for Occupational Health [507]

Track: Business/Management

Sharon Kemerer, MSN, RN, COHN-S/CM
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Jeannie Hanna, MSN, RN, COHN-S, FAAOHN
Wolf Kristin, MSc

Business makes decisions based on data. Selecting and using the right metrics can support and expand the influence of your occupational health program. Learn how to use leading and trailing indicators effectively to convey the message you intend. Learn about cost- benefit analysis and how it can make your case for additional staffing and demonstrate the value of occupational health services. After an overview of the range of potential metrics, this international panel of occupational health professionals will provide a variety of practical examples that have been used successfully. Put metrics to work for you!

Objectives: Discuss the range of leading and lagging metrics that are available to occupational health nurses. Describe the key elements to consider when selecting appropriate occupational health (OH) metrics. Discuss the successful use of OH metrics in a variety of examples.

Motivation Innovation: The Latest on Carrots Vs. Sticks [508]

Track: Management/Business & Wellness/Health Promotion

Don Powell, PhD

It is one thing to know how to change one's behavior, but it is an entirely different matter to be motivated to do so. In fact, employee motivation is the single most important factor in determining whether a company's wellness program will be successful. There are a number of reasons employees are not motivated to change their behavior, but they can be overcome. You will learn how in this session. You will address the controversial topic of incentives versus disincentives and discuss the field of behavioral economics and how its concepts can not only increase participation, but more importantly, enhance engagement. You will learn that how information is presented and how you engineer an environment can go a long way toward increasing motivation.

Objectives: Discuss models of behavioral change. Discuss key components of behavior change and how to engage employees.

Work and Human Reproductive Health [509]

Track: Safety/Environmental & Clinical Practice

Wendie A. Robbins, PhD, RN, FAAN

In this session you will learn the current indicators of male and female reproductive health and clinical interventions; evidence on old, new, and suspected occupational reproductive hazards; identifying work, workplace, and worker factors; traditional surveillance; current policy; and suggestions for change.

Objectives: Describe known and suspected occupational hazards to worker reproductive health. Discuss an evidence-based plan tailored to the worksite that is designed to protect and promote worker reproductive health.

Crossing Virtual Borders: Assisting Nurses in Using the Internet for Personal and Professional Needs [510]

Track: All Occupational Health Nurses

Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN
Debra M. Wolf, PhD, MSN, RN

Crossing virtual borders requires an understanding of how to use the internet and social media safely. This workshop will assist you in understanding

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how to use the internet and social media safely to promote a healthier way of living, personally and professionally. The workshop will also help you to identify opportunities to educate consumers, clients, and employees in assessing the quality of information on the internet.

Objectives: Identify 2–3 tools to evaluate information found on the internet for personal and professional needs. Describe opportunities to educate and prepare clients, consumers, and employees on how to use the internet safely. Identify internet resources and social media sites that will assist the occupational health nurse with education and health initiatives in the workplace.

DOT Medical Examinations: Challenges and Conundrums [511]

Track: Nurse Practitioner & Clinical Practice

Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN

This session provides a DOT medical examinations overview, covering history and physical examination, diagnostic testing and referrals, critical fact-finding, risk identification and health education/counseling, and documentation requirements. You will be able to address some of the most challenging cases in driver medical examination certifications for both clinicians and employers. You will gain critical content based on best practices and clinical decision-making that support the mission of driver heath and public safety.

Objectives: Discuss the importance of quality decision-making in the performance of DOT medical examinations. Explain the impact of chronic health conditions on driver certification. Identify challenges for both employers and drivers related to health conditions and pharmaceuticals.

Musculoskeletal Disorders, Shift Work, Coping Strategies in Nurses Around the World: How to Study Complex Issues? [512]

Track: Global & Business/Management & Hospital/Healthcare

Susan Katz Sliski, DNP, RN, CCM
Debra Welsh, MSN, RN

This session will use a literature review method to report the synthesis of the most recent finding regarding the relationships between musculoskeletal disorders, shift work and coping strategies in nurses around the world. Discussion will include how to study complex issues and the impact of study design (populations, methods, outcome data, limitations, and results interpretation). A recent doctoral study entitled "Exploring First Line Nurse Mangers Experiences with Work-related Musculoskeletal Disorders in Staff Nurses" (Katz Sliski, DNP Thesis, 2012) teased out complexities which included high levels of assault and resultant musculoskeletal injuries on the evening and night shifts which was not identified in previous studies. This session will make links between the evidence found in the literature and implications for global practice.

Concurrent Session 6

Thursday, May 8 .....8 – 9:30 a.m.

Occupational Health Nursing (OHN) Around the World [600]

Track: Management/Business & Global Nursing

Facilitator: Susan Katz Sliski, DNP, RN, CCM
Tara O'Leary, RGN, COHN, MIOSH
Helen Kirk, MA, BSc(Hons) BA, RN, RM, SCPHN
Kim Davies, RN, RM, RCN, RPH
Wolf Kirsten, MSc

This session will describe the practice of OHNs in South Africa, Ireland, Japan, and the UK. Attend this session if you are curious and want to learn more about international occupational and environmental health or if you practice in the US, but have to implement health programming and policies in another country. You will learn about adapting programming to fit a country culture and occupational health nursing (OHN) practice in these countries.

Objectives: Describe the educational requirements, roles, and responsibilities of the OHN in their respective countries.

Confidentiality of Employee Medical Information: Legal and Ethical Aspects [601]

Track: Regulation/Compliance & Career Professional Development

Patricia Strasser, PhD, RN, COHN-S/CM, FAAOHN

The purpose of this session is to help you understand how various federal, state, and international laws such as HIPAA, ADA, OSHA, EU Standards, and ethical standards impact employee medical records access and confidentiality of employee health information. Case examples will be used. You will be given information regarding policy and procedure development and other strategies to ensure consistent and appropriate management of confidential employee medical information and employee health records.

Objectives: Describe the various legal requirements that affect confidentiality of employee medical information. Discuss the ethical considerations impacting confidentiality of employee medical information. Discuss mechanisms to ensure that employee medical information is managed in an appropriate manner.

Pharmacology Update—Use and Abuse [602]

Track: Nurse Practitioner & Clinical Practice

Kurt Kelinschmidt, MD, FACEP, FACMT
Adebisi Obafemi, MD

This session provides an overview of some of the most current pharmacology issues of which you need to be aware, due to the potential impact on worker health and job safety. Issues include: newer recreational drugs, common prescription drugs that you or your provider may order for occupational injuries and illness, and a few of the newest drugs or delivery methods that are being used by workers, e.g., e-cigarettes, energy drinks, and others. The session will also address how to effectively use a urine drug screen interpretation in cases of potential drug abuse.

Objectives: Discuss the general concepts behind the use of urine drug screens (UDS). Discuss the evolving issues relative to pharmaceutical opioids. List recreational drugs that may be used by workers, the clinical effects, and UDS interpretation issues. List medications most commonly used in the management of occupational injuries and illness. Discuss important things about some of the newest medications prescribed for or used by "healthy" workers and how they impact work.

Which Vaccines Do Adults Needs? [603]

Track: Clinical Practice & Wellness/Health Promotion

Robert Leggiadio, MD
Nicole Schaffer, DNP, MSN, CRNP-BC, COHN-S, FAAOHN

Vaccines are recommended for all adults based on factors such as age, travel, occupation, medical history, and vaccines they have had in the past. Influenza, pneumococcus, zoster (shingles), and pertussis (whopping cough) are all adult diseases that can be prevented by vaccines. In this session, you will learn about these four adult vaccines, the diseases they prevent, and who should get them. You will hear about experiences in developing and executing an occupational health and wellness adult immunization education initiative.

Objectives: Discuss the epidemiology and burden of disease for influenza, pneumococcus, pertussis, and zoster (shingles) in adults. Recognize adults who are candidates for influenza, pneumococcal, pertussis, and zoster vaccines and know important safety information for each vaccine.

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Trans-Cultural Nursing—Its Importance for the Occupational Health Nurse and a Culturally Diverse Workplace [604]

Track: Clinical Practice & Global

Chad Rittle, DNP, MPH, BSN

This session is about strategies you can use to deliver culturally competent occupational health nursing and how you can create a culturally sensitive environment in the workplace. It will begin by describing transcultural nursing, its importance to you, and how to conduct a cultural assessment with an employee. Secondly, the progress of cultural competence will be described, how this is affected by staff shortages, and some other disparities experienced by these groups. Third, you will discuss disparities of care to workers in the black and Latino communities, as well as the impact of generational diversity in the workplace.

Objectives: Discuss why providing competent trans-cultural nursing is important to the occupational health nurse. Describe why attaining progress in cultural competence has been slow and provide some suggestions to improve it. Discuss how racial and ethnic disparities can impact worker health and safety. Describe how to provide leadership in a culturally diverse workplace.

Laughter is the Best Medicine: A Fun, Interactive Approach for Stress Reduction [605]

Track: Wellness/Health Promotion

Gene Haynes, CEO

In this interactive seminar, you will learn new research that confirms laughter as an alternative means for better health, showing results in increasing worker productivity, improving workplace moral, building teams, and communicating. You will cover how you can improve your health by simply laughing, and engage in fun new laughing and breathing exercises and ice breakers, proven to boost the immune system and improve health. You will learn how to incorporate laughter into the classroom and workplace. This session will support your learning how something so simple as laughing can help relieve employee stress in these tough economic times.

Objective: Discuss the scientific evidence and research that backs up the old adage, "laughter is the best medicine."

Chapter Presidents Session [620]

Objectives: Define best practices in chapter initiatives.

Identify leadership attributes in a successful chapter.

Concurrent Session 7

Thursday, May 8 .....10 – 11:30 a.m.

Development of Respiratory Protection Competencies and Training for Occupational and Environmental Health Nurses [606]

Track: Clinical Practice & Safety/Environmental

Candace Burns, PhD, ARNP
Lisa Pompeii, PhD, RN
Debra Novak, PhD, RN

In this session, you will learn why AAOHN has made respiratory protection (RP) a priority for the past year, and why RP competence is important to your employers and critical to your delivery of leading-edge practice. You will learn about the new Respiratory Protection Competencies for the Occupational and Environmental Health Nurse and how you can build your competencies at competent and proficient levels, plus find out what other resources you can use to become expert.

Objectives: Describe the background leading to the Respiratory Protection Competencies for Occupational and Environmental Health Nurses (OHNs). Describe the process of developing the Respiratory Protection Competencies for Occupational Health Nurses. Describe the elements of the online training program titled, An Overview of OSHA's Respiratory Protection Standard and the Role of the OHN. Describe the additional training recommended for the purpose of preparing OHNs to be Respiratory Protection Program Administrators.

Case Management Systems: Using Multiple Strategies to Optimize Results [607]

Track: Disability Case Management

Sharon D. Kemerer, MSN, RN, COHN-S, COHN-C, FAAOHN

A case study will discuss the full range of strategies used by a major company to manage workers' compensation for its approximately 20,000 U.S. Employees. You will learn how metrics were used to define and track the program status and the effective use of multiple strategies including internal and external partnerships with risk management, TPAs, brokers, and legal. Other strategies, including effective reporting tools, early claim identification mechanisms, large claim reviews, joint claim handling audits, building internal expertise, and cost- saving capture will be presented.

Objectives: Describe a multi-faceted approach to workers' compensation systems and case management. Identify the key elements in forming a comprehensive workers' compensation control system. Discuss the range of strategies that are available at the corporate and local levels.

Hot Topics [608]

Track: All Occupational Health Nurses

Facilitator: Mary Gene Ryan, MPH, BSN, COHN-S, CSP, FAAOHN
Kathleen Golden McAndrews, DNP, MSN, ANP, COHN-S, CCM, FAAOHN, FAANP
Margaret Manuszak, MS, RN
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN
Pat Strasser, PhD, RN, COHN-S/CM, FAAOHN

During this session, a panel of occupational and environmental health practitioners will discuss the most current issues affecting today's occupational health nursing practice and offer solutions that have been tried by leading-edge companies and their experiences with success.

Objectives: Discuss at least three current issues that affect occupational and environmental health nursing practice. State at least one solution/action that can be taken.

Successful Implementation of an Onsite Health Center [609]

Track: Management & Business

Juanita Kantner, MS, RN, COHN-S
Tom Neville, MHA
Karen O'Hara, BA

An increased demand for medical care, the continued rising cost of healthcare, the aging population, and the looming healthcare provider shortage make it easy to see why employers are challenged to develop strategies to control medical spending. This may include the introduction or expansion of onsite health centers that provide both primary and occupational health care. In this session you will learn four major steps in the onsite health center development process: 1) goal setting, planning, and assessment to explore the need for an onsite healthcare center, as well as costs, eligibility, and risks; 2) program design; evaluating the healthcare benefits plan; and deciding on service offerings, charges for services, and management and staffing considerations; 3) creating and implementing a timeline, designing a communication campaign, and establishing technology requirements; and

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4) performance measurement, including performance metrics for direct and indirect cost savings and healthcare outcomes. It can be a challenging process that requires internal expertise or a partnership with a vendor or consultant. This session will help anyone who is looking to introduce or expand onsite health services to successfully navigate the process.

Objectives: Identify four major steps in the onsite health center development process.

Health and Safety of America's Agricultural Workforce [610]

Track: Management/Business & Consulting & Clinical Practice

Deborah Reed, PhD, MSPH, RN

Agriculture consistently ranks among the top four most hazardous occupations, with children and senior workers suffering the highest fatality rates. The U.S. boasts 2.2 million farms, which often provide home and work sites for multiple generations. More than one half of the primary farm operators also hold off-farm employment. Yet occupational health nurses rarely have knowledge of the unique aspects of agriculture and may not know that employees also do agricultural work. This session will equip you with a basic understanding of the cultural and environmental aspects of this high-risk industry. It will include an introduction to free resources and examples of programs that can be incorporated on any worksite to address the health and safety of those that provide the food and fiber for the nation and world.

Objectives: Describe the etiology of America's agricultural workforce. Describe the risks and health of agricultural workers. Identify resources and promising programs.

The New Paradigm and the DOT/SAP Return-To-Duty Process [611]

Track: Nurse Practitioner & Safety & Environmental & Clinical Practice

Terra Velema, BSN, RN
Laura Dasher, VSW, LCSW, SAP

This session will review the steps of the SAP return-to-duty process according to the Department of Transportation's (DOT) rules and regulations for an employee who violates the drug and alcohol testing rules. You will learn fundamental characteristics of effective substance abuse treatment and long-term recovery.

Objectives: Describe and discuss the DOT/SAP return-to-duty process as a potent framework for the effective delivery of substance abuse treatment. Identify and discuss fundamental characteristics of effective substance abuse treatment according to the National Institute for Drug Abuse (NIDA). Identify three elements of the New Paradigm for Long Term Recovery.

Closing Session

Thursday, May 8 .....11:45 a.m. – 12:30 p.m.

Transformation of Workplace Wellness Into a Total Health Strategy [612]

Dee Edington, PhD

Workplace Wellness program as practice for the past several decades has been about tactics employed to fix defects in the individuals making up the workforce. The outcomes clearly have been less than optimal. The session will focus on the barriers to success and how they can be overcome with a strategic, systematic, systemic and sustainable strategy. The emphasis of the transformation will be on solutions found in the workplace environment and culture. In addition to the common outcome measures, outcomes related to engagement, happiness, shared values, shared results and other social-emotional metrics will be discussed.

Objectives: Describe a five-step systems approach to worksite wellness which benefits the individuals as well as the organization. Give examples of an organization's vision for health, typical strengths and gaps in a supportive or non-supportive environment and culture and important outcomes.

AAOHN Cares: Virtual Food Drive for North Texas Food Bank

AAOHN is once again planning to make a difference in our conference host city by hosting a virtual food drive. Benefitting the North Texas Food Bank (NTFB), our 2014 virtual food drive is a green alternative to a traditional canned food drive, which costs the food bank about $100 in transportation and processing expenses. The virtual food drive is an online grocery experience that you can access at your desk. Every $1 collected will allow NTFB to provide three meals to hungry North Texans. Participate in the virtual food drive at your convenience between now and the conclusion of the AAOHN 2014 National Conference. You can access the link to the online food drive at any time from the Conference menu of the AAOHN website. Together we're helping NTFB bring healthier, smarter and stronger solutions to the tables of those most in need!

FACULTY

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HOTEL

Sheraton Dallas Hotel

400 N. Olive Street, Dallas, TX 75201, Phone: 214-922-8000, Toll Free: 866-716-8134, Fax: 214-922-0308
Preconference: May 3–5; Conference: May 5–8; Exhibits: May 6–7

Reservations. Make your plans now to attend the AAOHN 2014 Annual Conference at the Sheraton Dallas Hotel. Participants are responsible for their own hotel reservations. Sheraton Dallas Hotel is holding rooms for AAOHN participants at a rate of $179 (single/double occupancy) until **March 31, 2014**, or until the room block is filled. Once this date has passed or the room block is filled, the special AAOHN rates cannot be guaranteed. To make your reservations, call **888-637-8191**. Be sure to tell reservations personnel that you are with "AAOHN" in order to receive this special rate.

ADDITIONAL HOTEL INFORMATION

Check in and out. Check-in begins at 3 p.m. Check-out is at noon. Express check-in and express check-out are available to guests.

Restaurants. Several options are available onsite:

- The Kitchen Table
- Draft Media Sports Bar
- Peet's Coffee & Tea
- Chill

Hotel Parking. Parking rates for a 24-hour period with unlimited in and out privileges are $21 for self-parking or $29 for valet. Hourly parking rates are available for day visitors.

Pet Policy. Animals less than 50 lbs. are allowed. There is a $50 deposit with $25 refundable after room inspection, dogs and cats only.

the Link@Sheraton. The hotel provides free PC workstations and access to network/internet printing. To print from your room, please go to www.printme.com and use one of the following PrintME IDs: 215517, 215519, or 215520.

TRAVEL

AIRPORT

Dallas/Fort Worth International Airport is approximately 21 miles (about 26 minutes) from the Sheraton Dallas Hotel. For more information click **http://www.dfwairport.com/**

Dallas Love Field is 6.2 miles (about 15 minutes) from the Sheraton Dallas Hotel. For more information click **http://www.dallas-lovefield.com/**

TRANSPORTATION

Go Yellow Checker provides a full range of transportation options, through Yellow Cab for taxi service, GO Yellow Checker Airport Shuttle Service, or GO BusinessExec Town Cars, SUVs, and Limos.

- **Taxi service** to DFW is $42.60 plus $2 per each extra person. Taxis are available 24/7 from the Doorman or see the Concierge.
- **GO Airport Shuttles** operate from the front door every 30 minutes to DFW, 5:30 a.m. -- 4:30 p.m., or by reservation. Fare to DFW is $17; Love Field is $19.
- **GO BusinessExec Town Cars, SUVs, and Limos** are available on-demand at the front door or by reservation. Fares to DFW are $65 (Town Car) and $79 (SUV); Love Field rates are $55/$75.

Book your AAOHN Hotel Reservation now for a chance to WIN!

Support AAOHN by staying at the **SHERATON DALLAS HOTEL** *for the AAOHN 2014 National Conference. By booking your AAOHN hotel reservation at the Sheraton Dallas Hotel, Dallas, TX, you will be entered into a drawing to win a luxury vacation.*

To book your reservation call **800-325-3535.**

The AAOHN special discounted rate is **$179** *single/double occupancy (plus applicable taxes and resort fees).*

The drawing will occur during the AAOHN Business Meeting, Wednesday, May 7, 2014.

You must be present to win!

Register by **February 17, 2014**, *and you will be entered into all three drawings.*

Register by **March 3, 2014**, *and you will be entered into the second and third prize drawings only.*

Register by **March 24, 2014**, *and you will be entered into the third prize drawing only.*

PRIZES!

Book by February 17, 2014, and you will be entered into the drawing for First Prize.

First prize winner will receive:

- ★ 5 days, 4 nights vacation at The Westin Diplomat Resort & Spa in Hollywood, FL
- ★ $1,000 spending money

Book by March 3, 2014, and you will be entered into a drawing for Second Prize.

Second prize winner will receive:

- ★ 4 days, 3 nights at The Cosmopolitan of Las Vegas
- ★ $500 spending money

Book by March 24, 2014, and you will be entered into a drawing for Third Prize.

Third prize winner will receive:

- ★ 3 days, 2 nights at the Sheraton Downtown Chicago
- ★ $250 spending money

Registration

3 easy ways to register!

Mail this form with payment to AAOHN National Office, 7794 Grow Drive, Pensacola, FL 32514–7072; *or*

Fax to 850–484–8762 (be sure to include payment information).

Register online at **www.AAOHN.org** AAOHN members should log in to the members only section. To log in, use your name and password.

Call the AAOHN National Office at 850–474–6963 , toll free 800–241–8014, with any questions.

Name _____ Credentials _____

First Name for Badge _____ Member Number _____

Institution _____ Title _____

City _____ State _____ Country _____

The above information will appear on your badge. Please indicate your mailing address below.

Address _____

City _____ State _____ Zip (+4) _____

The above mailing address is my ❑ work address ❑ home address.

Daytime Phone _____ Fax _____

E-mail _____

Membership Status:

❑ I am a member of AAOHN. ❑ I am a first-time attendee. ❑ I am a retired member of AAOHN.

❑ I am a student member of AAOHN. ❑ I am not a member of AAOHN.

❑ I would like to be a mentor ❑ I would like to be a moderator

❑ Opt-Out Feature: I have checked this box to have my name removed from all vendor lists exclusive to the 2014 AAOHN Conference

❑ **PRESENTERS:** The Foundation Board offers the opportunity for presenters to donate honoraria to the Foundation. If you would like your honorarium to be donated to the AAOHN Foundation, please check this box. On behalf of the AAOHN Foundation, thank you for your donation and continuing support of the Foundation! Fed Tax ID: 58–2381547

Special Needs

❑ I will need assistance.

❑ I will need vegetarian meals.

❑ Other *(please attach description)*

Please read this information carefully before completing the fee section of this form.

Fee Section

Registration fees for the full conference include the educational program and food events listed in this brochure. Single-day registration fees include the educational program and food events listed in this brochure for the day the participant is registered.

Registration fees for the full conference or for single-day registration do not include the preconference courses. Preconference courses are optional activities and have a separate fee.

Registration

The type of registration is determined by the date that the registration is postmarked—in the case of mailing—or received in the National Office—in the case of faxed or online registrations.

Registrations postmarked or faxed on or before **April 4, 2014**, will be considered early registrations.

Registrations postmarked or faxed after **April 4, 2014**, will be considered regular registrations and must include an additional $50.00.

To be preregistered for the conference, you must complete early or regular registration, as outlined above, by **April 4, 2014**.

Registrations postmarked or faxed after **April 4, 2014**, will be con-sidered onsite registrations. Onsite registrations are welcome, but please be prepared to take a little longer at the registration desk when you arrive.

Following receipt of registration form and payment you will receive a confirmation letter in about two weeks. No confirmation letters will be sent after **April 4, 2014**.

Cancellations and Transfers

Cancellations or transfers must be requested in writing and postmarked or faxed by **April 4, 2014**. Refunds will be issued following the conference. A $50.00 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form for that person with your written request.

Discounts

When registering in a group of 5 or more, deduct $40.00 from the tuition of each full-conference registration. To be eligible for the discount, the registration forms must arrive together and have the discount information clearly noted. This discount applies to either early or regular registrations for the full conference.

Payment

Payment must accompany this registration form. Where appropriate, a copy of a purchase order is sufficient. Registration forms received without payment will not be processed until payment is received.

American Association of Occupational Health Nurses — ***Please complete both sides of this form!***

Registration

R.S.V.P.

Please indicate by session number your 1st, 2nd, and 3rd choices for the **Preconference Workshops** *(see pages 4–5 for workshop titles; see Section A below for fees)*:

Saturday, full day, #108–110 (8 am–5 pm), #111 (8 am–4 pm)	1st_____	2nd_____	3rd_____
Saturday, half day, #112 (8–11:30 am)	1st_____	2nd_____	3rd_____
Saturday, half day, #113 (1–4:30 pm)	1st_____	2nd_____	3rd_____
Sunday, full day, #208–211 (8 am–4 pm)	1st_____	2nd_____	3rd_____
Sunday, half day, #212 (8 am–11:30 am)	1st_____	2nd_____	3rd_____
Sunday, half day, #213–214 (1–4:30 pm)	1st_____	2nd_____	3rd_____
Monday, half day, #304–313 (8–11:30 am)	1st_____	2nd_____	3rd_____

Please make your selection for each **Concurrent Session** (CS) by checking one course # on each line *(see pages 13–20 for titles; included in conference registration fee)*:

CS 1, Tues. (9:15–10:45 am)	❑ 400	❑ 401	❑ 402	❑ 403	❑ 404	❑ 405
CS 2, Tues. (11 am–12:30 pm)	❑ 406	❑ 407	❑ 408	❑ 409	❑ 410	❑ 411
CS 3, Tues. (2–3:30 pm)	❑ 412	❑ 413	❑ 414	❑ 415	❑ 416	❑ 417
CS 4, Wed. (1–2:30 pm)	❑ 501	❑ 502	❑ 503	❑ 504	❑ 505	❑ 506
CS 5, Wed. (3–4:30 pm)	❑ 507	❑ 508	❑ 509	❑ 510	❑ 511	❑ 512
CS 6, Thurs. (8–9:30 am)	❑ 600	❑ 601	❑ 602	❑ 603	❑ 604	❑ 605
CS 7, Thurs. (10–11:30 am)	❑ 606	❑ 607	❑ 608	❑ 609	❑ 610	❑ 611

Please check the **Practice Exchange** you plan to attend *(Monday, May 5, 3:15–4:15 pm)*:

- ❑ Case Mgt (317)
- ❑ Consulting (318)
- ❑ Corporate (319)
- ❑ Educator (320)
- ❑ Govt/Military (321)
- ❑ Health/Well (322)
- ❑ Hospital (323)
- ❑ Nurse Prac (324)
- ❑ Safety/Environ (325)
- ❑ LPN (326)

Please check all **events** you plan to attend:

- ❑ **Opening Reception:** Mon., May 5, 5:30 – 6:30 pm
- ❑ **Continental Breakfast:** Tues., May 6, 7 – 8 am
- ❑ **Exhibit Opening Reception:** Tues., May 6, 4:30 – 7:30 pm
- ❑ **Breakfast and Awards:** Wed., May 7, 7:30 – 8:45 am
- ❑ **Lunch With Exhibitors:** Wed., May 7, 12 – 1 pm
- ❑ **Continental Breakfast:** Thurs., May 6, 7 – 8 am

FEE SECTION

A. PRECONFERENCE COURSES AND WORKSHOPS

Comprehensive Courses *(May 3–5)*

	Member	Non-Member
❑ COHN/S Cert Exam Rev (101, 201, 301)	$605	$805
❑ AAOHN Cert in OHN (102, 202, 302)	$605	$805
❑ Occupational Ergonomics (103, 203, 303)	$605	$805
❑ NIOSH-appr Spirometry (104, 204) (8 am – 5 pm)	$550	$660
❑ Sustainable Worksite Wellness (105, 205)	$425	$510
❑ OSHA 10-Hour Gen Industry (106, 206)	$425	$510
❑ Updates in OH Nursing (107, 207)	$425	$510

Full Day Workshops

	Member	Non-Member
❑ Sat., May 3 (108)	$275	$330
❑ Sat., May 3 (109, 110)	$275	$330
❑ Sat., May 3 CoachClinic® (111)	$275	$330
❑ Sun., May 4 (208, 209, 210, 211)	$275	$330

Half-Day Workshops

	Member	Non-Member
❑ Sat., May 3, morning (112)	$150	$180
❑ Sat., May 3, afternoon (113)	$150	$180
❑ Sun., May 4, morning (212)	$150	$180
❑ Sun., May 4, afternoon (213, 214)	$150	$180
❑ Mon., May 5, morning (304–314)	$150	$180

Subtotal A: $_____

*Complete **either** Full (B) or Single Day (C) Registration below!*

B. FULL-CONFERENCE REGISTRATION

NOTE: All the general sessions are included in the Full-Conference Registration.

- ❑ AAOHN Member *(before April 4)* $430
- ❑ AAOHN Member *(after April 4)* $470
- ❑ Retired AAOHN Member/Student *(before April 4)* $190
- ❑ Retired AAOHN Member/Student *(after April 4)* $190
- ❑ Non-Member *(before April 4)* $695
- ❑ Non-Member *(after April 4)* $735

Subtotal B: $_____

C. SINGLE-DAY REGISTRATION

Member *(before Apr. 4)*	❑ Mon	❑ Tues	❑ Wed	❑ Thurs	$285
Member *(after Apr. 4)*	❑ Mon	❑ Tues	❑ Wed	❑ Thurs	$315
Non-Member *(before Apr. 4)*	❑ Mon	❑ Tues	❑ Wed	❑ Thurs	$495
Non-Member *(after Apr. 4)*	❑ Mon	❑ Tues	❑ Wed	❑ Thurs	$525

Subtotal C: $_____

D. SITE SAFETY TOUR *(Monday, May 5, 8–11:30 am)*

There is a prerequisite workshop for this activity. See "Site Safety Tour" on page 16.

- ❑ Member $95
- ❑ I want to take the tour not related to the workshop $95

Subtotal D: $_____

E. MEMBERSHIP DUES

Please contact AAOHN National Office for dues quote.

Subtotal E: $_____

F. SPOUSE OR GUEST REGISTRATION

$175 per guest. *Includes all food functions and exhibit hall entry.*

Name(s) _____

Subtotal F: $_____

CALCULATE YOUR TOTAL FEES

Add subtotals from previous sections:

A. Preconference Courses	$_____
B. Full-Conference Registration	$_____
C. Single-Day Registration	$_____
D. Site Safety Tour	$_____
E. Membership Dues	$_____
F. Spouse/Guest Registration	$_____

Total Enclosed: $_____

For credit card use — ❑ VISA ❑ MasterCard ❑ AMERICAN EXPRESS

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Or send check — Check # _____

Make check payable to AAOHN. *Checks will be converted into an electronic transaction. (Returned checks will incur a $50.00 processing fee)*

Or send a copy of purchase order — PO # _____

Tax ID# 13–1683514

Payment or purchase order must accompany this form.