Frequently Asked Questions about AAOHN DOT Medical Examiner Training

Q: Who approves the training and testing organizations and maintains the national registry of certified medical examiners?

A: Federal Motor Carrier Safety Administration

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To receive regular updates and messages: Sign up for the National Registry ListServ

Q: Is AAOHN a DOT-approved training provider?

A: <u>Yes</u> AAOHN is a DOT-approved training provider for a one-day, onsite training. Plus, AAOHN collaborates with the University of Alabama at Birmingham (UAB) to provide an online course. More information about both can be found on <u>www.aaohn.org</u>

Q: Describe the online course.

A: You can find more information about this course at www.aaohn.org (select the Education tab/Online Courses and scroll to find AAOHN UAB DOT Medical Examiner Online Training). This online course, developed by Karen Heaton, PhD, CEN, FNP-BC from UAB and an AAOHN DOT trainer meets the core curriculum requirements for medical examiner training, according to the Federal Motor Carrier Safety Administration (FMCSA). Content follows the core curriculum with a focus on performing the medical examination, required, documentation and test taking. Narration, videos, case studies, and post-test questions are available for each module. Participants can take this course at work or at home, save their place and come and go with interruptions or when they need to review a section. Participants have access to the training module for 90 days.

Q: Are the AAOHN DOT Medical Examiner Courses only for advanced practice nurses?

A: No. Any provider that is licensed, certified, or registered to perform physical examinations in accordance with applicable State laws and regulations can participate in an AAOHN Training.

Q: Is AAOHN a testing agency for the DOT Medical Examiner Training? What does it cost to take the exam?

A: AAOHN is not and will not become a testing agency; we are an approved training agency. There are several testing agencies and the fee may vary. What we know is that the fee can range from \$75 to

\$100, but you need to go onto the <u>FMCSA website</u> and locate a testing agency near you and find out their fees.

Q: Where and when are the AAOHN DOT Onsite Medical Examiner Training courses being held this year?

A: AAOHN does not have regularly scheduled DOT onsite Medical Examiner Training. Now that many providers have received training and passed the exam, AAOHN only does onsite training on-demand or at their annual conference, when the interest is strong.

Q: Does AAOHN partner to do the DOT Onsite Medical Examiner Training with other organizations or for employers?

A: Yes. AAOHN will provide an exclusive onsite training for a business or practice. They will co-provide the training with other associations and AAOHN chapters for a pre- or post- chapter conferences. They will co-provide the training with a university. To schedule a training, contact <u>Annette Byrd</u> or <u>Leslie</u> <u>Long</u>.

Q: Does the AAOHN DOT Onsite Medical Examiner Training include all that is needed to be certified, including taking the test?

A: The AAOHN DOT Medical Examiner onsite and online Training are based on the Core Curriculum recommended by the Federal Motor Carrier Safety Administration (FMCSA). Upon satisfactory completion of this program those eligible to serve as examiners will be fully prepared to sit for the National Registry of Certified Medical Examiners (NRCME) certification examination. [AAOHN does not administer the exam during or after the onsite training.]

Q: Can I pass the exam if I take the AAOHN DOT Medical Examiner Training?

A: The onsite course has a great track record. Based on a survey of the people who have taken our course and responded to a survey, everyone that took the course and has taken the exam has passed. Our course is based on the Core Curriculum recommended by the Federal Motor Carrier Safety Administration (FMCSA). Upon satisfactory completion of this program those eligible to serve as examiners will be fully prepared to sit for the National Registry of Certified Medical Examiners (NRCME) certification examination.

Q: What kind of continuing education does AAOHN award for attending the onsite training.

A: AAOHN provides <u>8 continuing nursing education (CNE) for the onsite</u> course. Nurse Practitioners (NP), physicians (MD and DO), physician assistants, and doctors of chiropractic who take the online course with UAB receive <u>12 CME for the online</u> course <u>12 ANCC</u> contact hours for the course.

A: The customary cost for the AAOHN <u>online</u> course is \$425 for AAOHN members and \$510 for nonmembers. Participants who indicate that they are associated with AAOHN receive a \$75 discount. The cost is \$420 vs \$495 retail. You need an AAOHN Promotion Code to receive the discount. You do not have to be a member of AAOHN to receive the discount. Call 800-241-8014 to find out the Promotion Code.

The cost of the <u>onsite</u> DOT Medical Examiner Training varies and depends on whether an employer or other organization cost sharing for faculty fees, meeting rooms, audio visual equipment, food and beverage to lower the price. To discuss an onsite course and its specific pricing, contact Annette Byrd or Leslie Long.

Q: Where can I go to see requirements for registering medical examiners?

A: Go onto the FMCSA website at https://nationalregistry.fmcsa.dot.gov/NRPublicUI/home.seam, where you can find all the medical examiners that have been certified. Their names are placed in the registry once they have successfully completed the exam. Search by state and then scroll (not in alphabetical order).

Q: My work involves helping small motor carriers comply with DOT medical standards for commercial drivers and review of the physical exams for their drivers once completed by medical examiners in clinic such as Concentra. Therefore, going forward, this new requirement for exams to be performed by medical examiners that are registered is going to change what I do.

I would like to know if there is a specific contact person at DOT who can speak to the progress of the National Registry of Medical Examiners; where certifications are being held and how many physicians are signed up already?

A: Go onto the FMCSA website at https://nationalregistry.fmcsa.dot.gov/NRPublicUI/home.seam

Q: Who teaches the AAOHN Onsite DOT Medical Examiner Trainings?

A: AAOHN has several instructors. They are all certified DOT Medical Examiners and advanced practice nurses. They all have had years of experience performing DOT exams and experience teaching adults. The online course is taught by Karen Heaton, PhD, CEN, FNP-BC, who was on the design team and teaches the AAOHN onsite course.

Q: How do I become an instructor of the DOT certification course?

A: For AAOHN the requirements are:

- 1. NP or APRN
- 2. Experience conducting DOT physicals
- 3. Experience teaching, preferably in an academic program educating nurses or other healthcare professionals

- 4. Successful completion of the DOT Medical Examiner Training
- 5. Certification as a DOT Medical Examiner
- 6. Successful completion of an AAOHN Train –the-Trainer session and potentially mentorship for the first training
- 7. A Service Agreement with AAOHN to deliver the course as a "work for hire" with customary proprietary ownership clauses and confidentiality agreements

AAOHN trains instructors on an as-needed basis. That need is dictated by requests for the course to be delivered by a company/institution or a chapter in an area where we do not already have experienced instructors.

If you need more information, you may want to make an inquiry to the <u>FMCSA</u> or call Annette Byrd or Leslie Long at 800-241-8014.